

## Liverpool John Moores University

Title: Work Psychology  
Status: Definitive  
Code: **5210BSPTHR** (123950)  
Version Start Date: 01-08-2021

Owning School/Faculty: Business and Management  
Teaching School/Faculty: Business and Management

Team	Leader
Patricia Jolliffe	Y

**Academic Level:** FHEQ5  
**Credit Value:** 30  
**Total Delivered Hours:** 60  
**Total Learning Hours:** 300  
**Private Study:** 240

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Online	30
Workshop	30

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	Reflection	Group Presentation	100	

### Aims

*The aim of the module is to understand people's behaviour, thoughts and emotions related to their work. This knowledge can then be used to improve the understanding and management of people (including self)*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate an understanding of theoretical concepts, models and tools to help comprehend employee behaviour.
- 2 Utilise techniques to enable groups and teams to work together effectively
- 3 Have knowledge of individual strengths and weaknesses of self and others in relation to learning, resilience, personality traits and role in a team.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Reflection	1	2	3
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## **Outline Syllabus**

*Individual differences*

*Mindfulness*

*Perception*

*Learning*

*Reflective practice and communication*

*Groups, teams and teamwork*

*Motivation and Job design*

*Conflict*

*Well being at work and stress*

*Motivational Interviewing*

## **Learning Activities**

A series of workshops with individual activities and case scenarios to critically analyse and explore individual behaviour in the workplace

## **Notes**

The module will be delivered by workshop, including online activities. The workshop will introduce and critically explore the theoretical, conceptual areas of Work Psychology. The workshop will provide the topic framework and afford ample opportunities for students to work in groups dealing with problem solving and analysis across a range of cases and activities. Workshops will also facilitate and develop communication, learning and reflective skills. Formative feedback will be given throughout.