## **Liverpool** John Moores University

Title: Health in the Early Years

Status: Definitive

Code: **5222EDSTUD** (122889)

Version Start Date: 01-08-2016

Owning School/Faculty: Education Teaching School/Faculty: Education

Team	Leader
Andrew Kennedy	Υ
Elizabeth Smears	

Academic Credit Total

Level: FHEQ5 Value: 20 Delivered 40

**Hours:** 

Total Private

Learning 200 Study: 160

**Hours:** 

**Delivery Options** 

Course typically offered: Semester 2

Component	Contact Hours	
Lecture	20	
Workshop	20	

**Grading Basis:** 40 %

#### **Assessment Details**

(	Category	Short Description	Description	Weighting (%)	Exam Duration
	Report	AS1	Written Report (2000 words)	40	
	Presentation	AS2	Group Presentation (20 Minutes)	60	

#### Aims

The module aims to prepare students to support children to make informed decisions about their own health and, where possible, to act upon those decisions.

# **Learning Outcomes**

After completing the module the student should be able to:

- 1 Recognise social determinants of health
- 2 Explain the concept of health literacy as applied in early years care and education settings
- 3 Explain key factors associated with improving health literacy

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Written Report 1 2 3

Group Presentation 1 2 3

### **Outline Syllabus**

Students will look at the concepts and approach in health literacy for young children which will include but will not be limited to the following:

Models and definitions of health

Determinant factors such as poverty, ethnicity, employment, and education

Health literacy and sustainable approaches to health

Links to theories of child development

Supporting children's participation

Health issues in a range of early childhood settings

# **Learning Activities**

Lectures, workshops, group work and problem-solving, group and individual tutorials, independent reading and research and private study.

#### **Notes**

This module builds on the principle of sustainability in health and focuses on health promotion through empowerment.

Opportunities for group and individual tutorials are embedded in this module.