

Liverpool John Moores University

Title: Dance Techniques & the Physical Body 3
Status: Definitive
Code: **5263SSLN** (122611)
Version Start Date: 01-08-2021

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 60
Total Learning Hours: 200 **Private Study:** 140

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Placement	20
Practical	40

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	AS 1	Practical	100	

Aims

This module aims to provide the opportunity for students to further their exploration and application of knowledge of the physical self through studio practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Apply and interpret knowledge and understanding of the physical self
- 2 Apply and analyse dynamic alignment
- 3 Critically analyse and evaluate information related to the self

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practical	1	2	3
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Outline Syllabus

Safe studio practice

Practical phrases and sequences focusing on:

- use of the body in space*
- use of breath in relationship to movement and phrasing*
- dynamic alignment*
- awareness of aural and physical phrasing*
- practical applications of theoretical principles*
- anatomical analysis of the physical self*
- design an effective maintenance and improvement plan*

Learning Activities

Practical sessions

Seminars

Notes

This module aims to provide the opportunity for students to further their exploration and application of knowledge of the physical self through studio practice. Practical assessments will be supported by continuous assessment which will include required attendance and independent study tasks as part of students' Self-Reflection Journal.