

Liverpool John Moores University

Title: Psychology 2
Status: Definitive
Code: **5305SSLN** (123076)
Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	20
Seminar	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	AS 1	Presentation (15 mins)	50	
Report	AS 2	Report (2500 words)	50	

Aims

This option module builds on the foundations introduced in level 4 by supporting students' ability to correctly apply sport psychology concepts in a physical education

setting.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate how theories of personality impact on physical education engagement and development.
- 2 Illustrate how theories of social identity are developed within Physical Education.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Presentation	1	2
Report	1	2

Outline Syllabus

*Investigate the relationship between theories of personality and PE engagement.
Adherence in a physical education setting.
How teachers can foster social identity with pupils
How social identity can help promote an exercise identity.
How different behaviours impact on PE.*

Learning Activities

This module will be taught via lectures, workshops, and tutorials.

Notes

This option module builds on the foundations introduced in level 4 by supporting students' ability to correctly apply sport psychology concepts in a physical education setting.