

Liverpool John Moores University

Title: Practical Skills in Adventure 2
Status: Definitive
Code: **5362SSLN** (123314)
Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Practical	40

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	AS 1	Practical (2500 word equivalent)	50	
Report	AS 2	Report (2500 words)	50	

Aims

To enable students to plan and execute Outdoor Adventure considering the professional, social and physical impacts of our outdoor activities. This will support cross-module learning through practical experience. In developing knowledge and responsibility towards the Outdoor Adventure sector, it will include personal

opportunity and progression.

Learning Outcomes

After completing the module the student should be able to:

- 1 Show a practical ability and skills-knowledge in a variety of outdoor activities.
- 2 Display an understanding of the environmental factors that shape and influence outdoor activities, including: Consideration for the impact of Outdoor Adventure on other resource-users, on the environment and on other associated issues.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practical	1	2
Report	1	2

Outline Syllabus

A practical module of Outdoor Adventure conducted off-site via field work and supported by key theoretical lectures.

Field Days (residential/non-residential): Paddlesport and climbing.

Lecture Structure: The fundamental principles, theories and practices of Outdoor Adventures; Coaching in planning and preparation for paddlesport and rock climbing; Outdoor Adventures towards National Governing Body awards.

Learning Activities

1. Planning and participation of Outdoor Adventures, in particular:
 - (a) Paddlesport,
 - (b) Rock Climbing
2. Directed practice and coaching of Outdoor Adventure in a supervised and monitored environment. This will lead to the setting of tasks and problems requiring students to demonstrate, knowledge, self-sufficiency and responsibility in outdoor environments.
3. Individual goal-setting linked to monitored independent practice and skill development.
4. These activities will provide opportunities to develop 'World of Work' skills and awareness.

Notes

A practical module of Outdoor Adventure conducted off-site via field work and supported by key theoretical lectures. This module support Leadership in Outdoor Adventure (2) and Leadership in Outdoor Adventure (3).

