

Liverpool John Moores University

Title: Applied Psychological Perspectives in Outdoor Adventure
Status: Definitive
Code: **5364SSLN** (123316)
Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Kaye Richards	Y
David Larkin	
Adam Harmer	
Barry Forrester	
Timothy Stott	

Academic Level: FHEQ5 **Credit Value:** 10 **Total Delivered Hours:** 20

Total Learning Hours: 100 **Private Study:** 80

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	15
Practical	5

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS 1	Portfolio (2500 word equivalent)	100	

Aims

This module will provide an overview of key psychological foundations to psychological functioning, human development, and teaching and learning. This will give students a broad understanding of areas of applied psychology, allowing them to consider these perspectives in relation to outdoor adventure experiences and

outdoor education theory and practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Develop a knowledge of key principles of educational psychology, social psychology and behavioural psychology as related to human development and functioning.
- 2 be able to apply key theoretical perspectives in psychology to applied practices in outdoor and adventure education, and participation in outdoor adventure activities.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2
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Outline Syllabus

A theoretical module that develops knowledge of range of applied psychology areas that underpin diverse practices in Outdoor Education and outdoor adventure activity participation. This will include an overview of key aspects of educational, social and behavioural psychology. The module will examine some of the key concepts of the self, and the relationship of the self in educational, social and environmental contexts. It will examine psychological principles behind the human condition when applied to outdoor and adventurous education.

Learning Activities

Activities will be student-centred and facilitate group and individual work. They will include lectures, seminars, practicals, and case study discussions, contextualised to outdoor settings and practice.

Notes

This module will provide an overview of key psychological foundations to psychological functioning, human development, and teaching and learning. This will give students a broad understanding of areas of applied psychology, allowing them to consider these perspectives in relation to outdoor adventure experiences and outdoor education theory and practice.