## **Liverpool** John Moores University

Title: Coaching Process 2

Status: Definitive

Code: **5462SSLN** (123000)

Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Angus Ryrie	Υ

Academic Credit Total

Level: FHEQ5 Value: 20 Delivered 40

Hours:

Total Private

Learning 200 Study: 160

Hours:

# **Delivery Options**

Course typically offered: Semester 1

Component	Contact Hours	
Lecture	15	
Practical	10	
Seminar	15	

**Grading Basis:** 40 %

#### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	AS 1	Report (4500 words)	100	

#### Aims

This module will enable individuals to recognise the psycho-social influences on the coaching process. Students will be able to situate and explain the contextual nature of sport coaching by critical drawing on appropriate methodologies and theory.

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critically examine practice in a sport coaching context
- 2 Critically analyse contextual influences upon the coaching process.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Report 1 2

## **Outline Syllabus**

Coaching Philosophy
Coaching Behaviour
Reflection
Observation of coaching using methodologies and ICT e.g. Dartfish
Social dynamics of coaching e.g. power, presentation, care
Talent development pathways and theory

#### **Learning Activities**

Study skills techniques including note-taking, active reading, planning for an assignment and information searches

Online lecture

Planning and using individual and group discussions as an aid to learning Presenting information in a variety of ways

Practical coaching of peers and experience in a range of practical activities

#### **Notes**

This module will enable individuals to recognise the psycho-social influences on the coaching process. Students will be able to situate and explain the contextual nature of sport coaching by critical drawing on appropriate methodologies and theory.