

Liverpool John Moores University

Title: Coaching Process 2
Status: Definitive
Code: **5501SSLNGB** (123117)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Greenbank College

Team	Leader
Victoria Boyd	Y
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Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 44
Total Learning Hours: 200 **Private Study:** 156

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	24
Practical	12
Tutorial	8

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	AS 1	2000 word coaching report	50	
Essay	AS 2	2500 word assignment	50	

Aims

To develop a capacity to analyse coaching practice in order to understand its impact on athlete performance and how it might be developed through education. To provide an opportunity for understanding the relationship between effectiveness and delivery practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Evaluate practice in a sports coaching context
- 2 Analyse contextual influences upon the coaching processes

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

2000 word coaching report	1	2
2500 word assignment	1	2

Outline Syllabus

Coach education, the coaching community of practice, mentoring
Coaching effectiveness
Decision making
Modelling the coaching process
Systematic coaching practice

Learning Activities

Lectures
Workshops
Self-directed learning tasks
Personal/Group tutorials
Applied Practicals

Notes

The purpose of this module is to provide an opportunity for students to understand the relationship between coaching effectiveness and delivery practice.