

Liverpool John Moores University

Title: PSYCHOLOGICAL HEALTH AND WELL-BEING
Status: Definitive
Code: **5501YPCUGP** (115435)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Stockport College

Team	Leader
Zoe Nangah	Y

Academic Level: FHEQ5
Credit Value: 24.00
Total Delivered Hours: 43.00
Total Learning Hours: 240
Private Study: 197

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	30.000
Seminar	10.000
Tutorial	3.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	AS1	Report of the implementation of a strategy to promote the emotional well-being of children in the setting (show the practical application of theory). (3000 words)	65.0	
Presentation	AS2	Group presentation on a case study with supporting summary (1500 words.)	35.0	

Aims

To examine current theories and models in psychology relevant to emotional well-

being.

To reflect on their relevance to the emotional well-being of children

To examine the issues which challenge emotional well-being.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify and analyse aspects of emotional well-being;
- 2 Relate psychological theory to the promotion of emotional well-being
- 3 Examine and critically evaluate services to support emotional well-being.
- 4 Devise, implement and review strategies to promote emotional well-being.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Report	1	2	4
Group presentation	1	3	

Outline Syllabus

Psychological theory relating to emotional well-being; mental health issues eg depression, self harm, eating disorders; the role of the practitioner in promoting emotional well-being; services and support to promote emotional well-being; relevant national and local policy.

Learning Activities

Lecture, workshops, seminars.

References

Course Material	Book
Author	Aggleton, P. Hurry, J. and Warwick, I (eds)
Publishing Year	2003
Title	Young People and Mental Health.
Subtitle	
Edition	
Publisher	Chichester. John Wiley & Sons.
ISBN	

Course Material	Book
Author	Cowie, H.
Publishing Year	2004
Title	Emotional Health and Well-being: a practical guide for

	schools.
Subtitle	
Edition	
Publisher	London. Paul Chapman
ISBN	

Course Material	Book
Author	Walker, S.
Publishing Year	2003
Title	Working Together for Healthy Young Minds: a practitioners handbook.
Subtitle	
Edition	
Publisher	Lyme Regis, Russell House Publishing.
ISBN	

Notes

Current theories and models in psychology relevant to emotional well-being of children and young people will be applied to the professional practice of a range of professionals in order for them to support the psychological and emotional development of children and young people