

## Liverpool John Moores University

Title: Career Focused Professional Development  
Status: Definitive  
Code: **5502SPRT** (128413)  
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nelson and Colne College Group

Team	Leader
Julie Connolly	

**Academic Level:** FHEQ5  
**Credit Value:** 20  
**Total Delivered Hours:** 48  
**Total Learning Hours:** 200  
**Private Study:** 152

### Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	15
Seminar	15
Workshop	18

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	ASS1	Strategies for PPD 2,000 words	70	
Essay	ASS2	Covering Letter 1,000 words	30	

### Aims

*The Career Focused Development module provides students with the opportunity to further analyse the skills required to undertake work-related learning interlinking with other applied modules to be studied throughout the year. The increasingly varied and portfolio nature of careers mean that successful graduates need both core professional skills and the ability to plan and manage their careers in changing contexts. Through engagement with the module, students will learn about*

*themselves, enhancing their employability and personal enterprise skills as well as continuing to personally develop applicable work skills*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Demonstrate a high level of relevant knowledge through a range of mechanisms and regular related professional development
- 2 Establish career management skills in actively planning and preparing for future careers
- 3 Examine skills and behaviours developed through a range of developmental strategies
- 4 Analyse the purpose of continued professional development within the sports industry

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

written reflection	3	4
written assignment	1	2

## **Outline Syllabus**

- *Developing Placement Awareness: Resources for understanding organisations.*
- *Professional Self-Management Skills*
- *Exploring occupations: Exploring occupations and sectors.*
- *Understanding professionalism: What are professional and occupational standards and why do they matter?*
- *Developing self-awareness: reflection and experiential learning, resilience, growth mind set and responding to challenges and setbacks*
- *Emotional intelligence, understanding yourself and others, developing your own emotional intelligence.*
- *Strategies for self and project management, time management and organisation, developing enterprising behaviours and creating opportunities.*
- *Professional Interaction Skills: Positive professional impressions*

## **Learning Activities**

The students will be engaged in a blend of teaching and learning strategies. Theoretical delivery will occur through lectures, teamwork, workshops, practical and student lead discovery-based learning, supported via the VLE. The students will typically receive 15 hours of delivery both, practical and theory based through lectures, possibly including guest lectures from the sports industry. Furthermore, students will receive 15 hours of group discussion workshops linking the theory to

practice. Finally, throughout the academic year, the students will receive 18 hours of workshops where staff will support students to apply their knowledge.

**Notes**

None