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Title: Models of Practice
Status: Definitive but changes made
Code: **5503ARCCS** (121059)
Version Start Date: 01-08-2016
Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Accrington & Rossendale College

Team	Leader
Philomene Uwamaliya	Y

Academic Level: FHEQ5
Credit Value: 24
Total Delivered Hours: 48
Total Learning Hours: 240
Private Study: 192

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	40
Seminar	5
Tutorial	3

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	3000 word case study	70	
Presentation	AS2	15 minute presentation	30	

Aims

To provide knowledge and understanding of working with a range of client groups experiencing traumatic life events and problematic relationship issues.

Learning Outcomes

After completing the module the student should be able to:

- 1 Evaluate a range of concepts and models of contemporary approaches to counselling.
- 2 Identify and apply models of counselling practice to a specific client group.
- 3 Critically assess the evolution and development of counselling practice.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

ESSAY: CASE STUDY 3000WORDS	2	3
PRESENTATION 15MINS	1	

Outline Syllabus

This module explores the models of practice used with a variety of client groups. It will provide students with skills and techniques used to respond to clients with diverse needs.

Client groups may include couples, people in abusive relationships, hard to reach groups, clients with Post-Traumatic Stress Disorder (PTSD), children, bereaved clients and clients hearing voices.

Evolution and development of counselling practice

Matching appropriate skilful practice to different client groups

Contemporary counselling models

Learning Activities

The delivery of this module will use a combination of lectures, classroom based activities such as role play, independent learning methods and group work.

Its Learning (VLE) will be utilised as an additional learning resource on this module.

This will provide links to academic web-sites and on-line journals, facilitate group discussion outside of the classroom, access to outline lecture notes, and provide students with assessment details.

Regular tutorials will provide opportunities for informal formative assessment to support student learning and discuss further progress.

References :

Course Material: book,

Author: Reeves A

Publishing Year: 2013

Title: An Introduction to Counselling and Psychotherapy

Publisher: Sage Publications

ISBN: 978-0-85702-055-0

Course Material: book,
Author: Feltham C, & Dryden W
Publishing Year: 2006
Title: Brief Counselling: A Practical Guide for Beginning Practitioners
Edition: Second Edition
Publisher: Open University Press
ISBN: 10:0 335 210 454

Course Material: book,
Author: Sanderson C
Publishing Year: 2013
Title: Brief Counselling skills for working with trauma
Publisher: Jessica Kingsley
ISBN: 978-1849053266

Notes

This module gives students the opportunity to learn specific and focused skills which can be applied to a variety of client groups as well as exploring the evolution of counselling practice.