

Physical Education Practice 5

Module Information

2022.01, Approved

Summary Information

Module Code	5503YAUPE
Formal Module Title	Physical Education Practice 5
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Yunnan Agricultural University

Learning Methods

Learning Method Type	Hours
Practical	60

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

Aims and Outcomes

Aims	The module aims to continue to enhance the students' understanding of the practical aspect of physical education with particular reference to swimming and orienteering, as well as football as the core component. Upon completion of this module, students will continue to further develop knowledge of the how to perform skills and actions. They will not only be able to demonstrate these skills but teach others. This is in line with the physical education curriculum in China and the requirements of the Ministry of Education.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Describe key components of how to perform a range of basic and advanced skills related to various sports including football, swimming, and orienteering in line with the requirements of the MoE in China for physical education.
MLO2	2	Physically perform to a better level a range of basic skills from various sports including football, swimming, and orienteering in line with the requirements of the MoE in China for physical education.

Module Content

Outline Syllabus	Teaching and learning methods will predominantly include practical sessions (indoor and outdoor). The taught component of the module explores a range of sports related skills, practicing sport and physical education. Specific examples of the sports to be explored include: 1. Football - Advanced skills including tactical elements of the game, phases of play, advanced small sided games. Specific skills and teaching points for various positions and areas of the pitch. 2. Swimming – Further development of skills including various strokes including front crawl, breaststroke and back crawl as well as a further knowledge of the life guarding and water safety. 3. Orienteering - Basic skills such as those required to deliver physical education (in line with the MoE) including orientating the map to north (with ground or compass), reading features on the map, taking and following a compass bearing, pacing and judging distance.
Module Overview	
Additional Information	This module is designed to introduce students to a number of skills and sports in physical education. The module will be evaluated by the completion of appropriate assessment tasks. This module will incorporate support strategies in an attempt to ensure student progression. This will include feed forward and feedback on assessment and personal tutorial support.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Practice	Practice - Football	40	0	MLO1, MLO2
Practice	Practice - Swimming	30	0	MLO1, MLO2
Practice	Practice - Orienteering	30	0	MLO1, MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Matthew Andrew	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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