

### Summary Information

Module Code	5504SPSEFC
Formal Module Title	Applied Sport Coaching
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

### Partner Teaching Institution

Institution Name
Everton Football College

### Learning Methods

Learning Method Type	Hours
Lecture	15
Practical	15
Seminar	5
Tutorial	5

### Module Offering(s)

Display Name	Location	Start Month	Duration Number	Duration Unit
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SEP-PAR	PAR	September	28 Weeks
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## Aims and Outcomes

Aims	To be a successful, modern practitioner there is an expectation to have a good knowledge base on the role of positive pedagogy and how the sports coach can facilitate an athlete centred environment. The aim of this module considers how sports coaches can provide a positive learning environment for the development of a wide range of skills and attributes. It aims to put into practice the theory learned within the classroom through practical application and experiences.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Examine the term positive pedagogy.
MLO2	2	Demonstrate an appreciation how creating a positive learning environment enables young athletes to develop physical, affective, cognitive and social skills.
MLO3	3	Apply and reflect on the application of game based approach to a practical coaching environment through the design and implementation of a planned coaching session.

## Module Content

Outline Syllabus	Examining the term positive pedagogy learners will develop knowledge within athlete centred coaching and its application through game based approaches. Learners and seminars will develop and apply coaching skills through observation and successfully demonstrating the application of teaching and coach styles, practice design and coaching methodologies from an athlete centred perspective.
Module Overview	
Additional Information	The aim of this module considers how sports coaches can provide a positive learning environment for the development of a wide range of skills and attributes. It aims to put into practice the theory learned within the classroom through practical application and experiences. Learners are expected to attend time-tabled lectures and are encouraged to utilise the available private study time to get advice from module staff and/or conduct essential reading. Some of the teaching sessions will contain practical based activities, where students will be required to use their analytical and problem-solving skills to enhance their own learning. Learners should complete the required and recommended reading to widen their knowledge and understanding, and their ability to apply material. Practical learning tasks will be used to help support and extend students understanding of the delivered lecture content. Within the coaching programme, practical activities will be predominantly based on the sports facilities, where students are able to transfer their theory into their practical coaching. Learners will be required to attend core lectures, complete practical tasks and independent study. This provides opportunity for learners to develop essential discipline knowledge and vocational skills to facilitate deep learning and independent problem solving.

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Portfolio	Portfolio (2000 words equiv)	50	0	MLO2, MLO3
Report	2,000 words	50	0	MLO1, MLO2

## Module Contacts

### Module Leader

Contact Name	Applies to all offerings	Offerings
Cath Walker	Yes	N/A

### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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