

Liverpool John Moores University

Title: Applied Sport Coaching
Status: Definitive
Code: **5504SSLNEF** (127091)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Everton Football College

Team	Leader
Cath Walker	Y

Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	20
Workshop	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	CPD Coaching Sessions - CPD Coaching Reflection	100	

Aims

The aim of this module considers how coaches can provide a positive learning environment for the development of a wide range of skills and attributes. It aims to put into practice the theory learned within the classroom through practical application and experiences

Learning Outcomes

After completing the module the student should be able to:

- 1 Apply pedagogical models to practical coaching scenarios
- 2 Examine pedagogical approaches relevant to sport coaching
- 3 Appreciate how creating a positive learning environment enables young people to develop physical, affective, cognitive and social skills
- 4 Demonstrate coaching skills within practical situations

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio (4500 words equiv)	1	2	3	4
------------------------------	---	---	---	---

Outline Syllabus

Learning theories, Approaches: TGFU, Sport Education, Coaching application, planning, delivering and reflection

Learning Activities

This module will be delivered through a combination of lectures, workshops and work related learning

Notes

Students are expected to actively engage within this unit and apply their coaching knowledge to a range of practical situations in order to build up a portfolio of evidence. Students will be expected to undertake private independent learning to develop their own CPD whilst being supported by the workshops and lectures.