

Liverpool John Moores University

Title: Sport Options 2
Status: Definitive
Code: **5504YAUPE** (127914)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Yunnan Agricultural University

Team	Leader
Matthew Andrew	Y

Academic Level: FHEQ5
Credit Value: 20
Total Delivered Hours: 60
Total Learning Hours: 200
Private Study: 140

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Practical	50
Seminar	10

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	SP 1	Practical delivery and evaluation sport option 1	40	
Practice	SP 3	Practical delivery and evaluation sport option 2	30	
Practice	SP 2	Practical delivery and evaluation sport option 3	30	

Aims

This module will enable students to consider and appreciate how PE teachers can provide a positive learning environment for the development of a wide range of skills and attributes (in three optional sports). These include movement, sport-specific skills, leadership and teamwork. This module will allow for reflection on how

pedagogy can impact on the physical, affective, cognitive and social development of individuals.

Learning Outcomes

After completing the module the student should be able to:

- 1 To master the basic knowledge, techniques and skills of chosen sports, and learn how to guide training and after-school activities
- 2 To teach students methods, means and principles of chosen sports options
- 3 To deepen students' understanding of the rules of their chosen sports, and teach them to explain movement essentials and technical movement demonstrations correctly

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practice Sport 1	1	2	3
Practice Sport 3	1	2	3
Practice Sport 2	1	2	3

Outline Syllabus

Students will be exposed to a range of sports, where they choose three options from the list of MOE recognised school sports. They will then participate in practical activities and seminars to explore pedagogy, rules and practices within those sports.

Learning Activities

Students are expected to attend time-tabled lectures and practical are encouraged to utilise the available directed learning/private study time to get advice from module staff and/or conduct essential reading.

Notes

During the practicals they are expected to engage with and contribute to the learning environment through discussion and practice (in various physical education contexts). Some of the teaching sessions may contain group work where students will be required to communicate and work as a team with others to enhance their own learning. Students should complete any required and recommended reading to widen their knowledge and understanding. Students will be required to evidence this during their assessments and any teaching they may conduct.