

Liverpool John Moores University

Title: Professional Practice in Coaching
Status: Definitive
Code: **5505SSLNBF** (124739)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Blackpool & Fylde College

Team	Leader
Victoria Boyd	Y

Academic Level: FHEQ5
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	12
Practical	12
Seminar	15
Workshop	9

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	Present	Presentation (Individual) 15 minutes	50	
Portfolio	Portfolio	Reflective Portfolio (Practice) 2500 words	50	

Aims

This module aims to enable students to recognise the psycho-social influences on the coaching process and explain appropriate sports coaching methodologies and theory in context. The module provides students with a critical appreciation of pedagogical models and their application and evidence base. Students will also

investigate contemporary issues in sports coaching and utilise research skills and self-reflection to further understanding of professional practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically examine practice in a sport coaching context.
- 2 Critically analyse contextual influences upon the coaching process.
- 3 Examine pedagogical approaches and apply models to practical coaching scenarios.
- 4 Demonstrate critical and current understanding of a wide range of factors impacting professional practice in coaching.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Presentation	1	2	3	4
Portfolio	1	2	3	4

Outline Syllabus

*Coaching Philosophy and Behaviour
Reflection*

Observation of coaching using methodologies and technology

Social dynamics of coaching

Pedagogical Outcomes

Pedagogical Models

Nonlinear Pedagogy

Positive learning environment to develop physical, affective, cognitive and social skills

Planning delivery and evaluation of safe practical activities

Contemporary Issues

Learning Activities

Study skills techniques

Lecture based workshops

Presenting information in practical environments

Practical Coaching of peers, children and experience in a range of practical activities

Peer and Self-reflection

Professional Visits

Guest Speakers

VLE Forums online

Researching and evaluating case studies

Notes

This module enables students to recognise psycho-social influences on the coaching process and appropriate methodologies and theory. This module provides students with a critical appreciation of pedagogical models to develop their own pedagogical practice through self-reflection when considering coaching practice and contemporary issues.

The reflective portfolio will be broken down into the following components of (625 words); coaching philosophy and behaviour, pedagogical models and outcomes, contemporary issues and positive learning environments.