

Liverpool John Moores University

Title: Health and Wellbeing within the Early Years
Status: Definitive
Code: **5506EYSTH** (123482)
Version Start Date: 01-08-2021

Owning School/Faculty: Education
Teaching School/Faculty: St Helens College

Team	Leader
Mia Smith	

Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	10
Seminar	20
Workshop	10

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Part 1 - Activity file and evaluation 50% (2500 words) & Part 2 - Written assignment 50% (2500 words)	100	

Aims

To identify the role of the early years practitioner in promoting health and wellbeing.

Learning Outcomes

After completing the module the student should be able to:

- 1 Implement an appropriate strategy for promoting health and wellbeing in an Early Years setting.
- 2 Critically evaluate the strategy identified and implemented to discuss the impact on health and wellbeing for children.
- 3 Critically discuss the role of the Early Years practitioner in reducing inequalities within the area of early years health and wellbeing.
- 4 Evaluate local and national initiatives in promoting health and wellbeing

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3	4
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Outline Syllabus

Definitions of health and wellbeing childhood, biological, environmental and sociological aspects/influences, reducing inequalities through health promotion, the role of the early years curriculum, the role of the adult, parent partnerships, routines and the impact of health and wellbeing on holistic development. Local and national initiatives.

Learning Activities

Key lectures concerning definitions, influences, factors and perspectives on health and wellbeing. Work based activity concerning the promotion of health and wellbeing for children; small group tutorials discussing key issues surrounding health and wellbeing, social and economic factors which influence childhood health and wellbeing – leading into whole group seminars with a focus upon key literature. Private study to investigate additional sources of information.

Notes

The main basis of this module is to provide students with an awareness of The importance of developing health and wellbeing of children within the Early Years.

Seminar discussion and tutorials will offer the students the opportunity to share and discuss their work based findings in the light of local and national policy and early years framework Key lectures act as catalysts for further independent study and application in the student's work based setting. This module aims to support practitioners to positively impact the health and wellbeing of children within the early years.