

## Liverpool John Moores University

Title: HEALTH PSYCHOLOGY  
Status: Definitive  
Code: **5507CPHEA** (100038)  
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Accrington & Rossendale College

Team	Leader
Philomene Uwamaliya	Y

**Academic Level:** FHEQ5  
**Credit Value:** 20.00  
**Total Delivered Hours:** 48.00  
**Total Learning Hours:** 200  
**Private Study:** 152

### Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	45.000
Tutorial	3.000

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	CW 1 Essay (3000 words)	70.0	
Presentation	AS2	CW 2 Presentation (15mins)	30.0	

### Aims

*To provide an introduction to health psychology, evaluating the contributions of both traditional and the emerging critical approaches to key areas within this field of psychology.*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Understand the development of health psychology in its historical and social context.
- 2 Demonstrate knowledge of the theoretical approaches and their application within health psychology.
- 3 Recognise the importance of psychological factors as they influence health, illness and recovery.

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

3000 words	1	2
PRESENTATION (15mins)	3	

## Outline Syllabus

*The module considers the development of the discipline and key topics in health psychology, including theories of stress and health, the relationship between beliefs and behaviour and communication in health care. As the module progresses focus will be upon in-depth study of a small number of contemporary topics. A minimum of two topics will be covered in depth, and within both these topics students will be introduced to the fundamentals of relevant physiological systems, research evidence, relevance of the applied methodology and psychological interventions.*

## Learning Activities

Lectures, discussion groups, group work, video and individual study.

## References

<b>Course Material</b>	Book
<b>Author</b>	Ogden J
<b>Publishing Year</b>	2012
<b>Title</b>	Health Psychology
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Taylor, S.E
<b>Publishing Year</b>	2011
<b>Title</b>	Health Psychology
<b>Subtitle</b>	
<b>Edition</b>	

<b>Publisher</b>	
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Morrison, V., & Bennett, P.
<b>Publishing Year</b>	2012
<b>Title</b>	An introduction to health psychology
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	
<b>ISBN</b>	

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### Notes

This module introduces the students to the field of health psychology. There are two parts of the module; the first is a broad introduction to the discipline of health psychology, and the second part considers a small number of current topics in depth. Regular tutorials will provide opportunities for informal formative assessment to support student learning and discuss their overall progress.