

Liverpool John Moores University

Title: MENTAL HEALTH CONDITIONS

Status: Definitive

Code: **5507PSYSLI** (127501)

Version Start Date: 01-08-2021

Owning School/Faculty: Psychology

Teaching School/Faculty: Sri Lanka Institute of Information Technology

Team	Leader
Simon Cooper	Y

Academic Level:	FHEQ5	Credit Value:	20	Total Delivered Hours:	41
Total Learning Hours:	200	Private Study:	159		

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	34
Seminar	7

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Test	MCT	Three phased multiple choice tests (MCTs) run online via the VLE. Each test will account for 10% of the overall module mark.	30	
Essay	Case study	A 1500 word case study assessment in which students will be required to diagnose a psychological case study using the appropriate clinical guidelines.	70	

Aims

To investigate current approaches to the study of mental health.

To critically evaluate theories of mental health disorders and related treatment options.

To consider models of mental health disorders and the benefits of moving towards a biopsychosocial model.

To evaluate the impact of chronic health conditions on mental health and wellbeing.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate appropriate knowledge of aetiology of mental health disorders, their causes and their treatments.
- 2 Describe, explain and evaluate current theories of the causes of mental health disorders.
- 3 Evaluate the theoretical rationale for the treatments of mental health disorders.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Phased tests	1	
Case study	2	3

Outline Syllabus

This module critically examines core issues in the field of mental disorders. These include the conceptual and theoretical basis of definition and classification of a range of mental disorders often encountered by psychologists practising in clinical settings, such as hospitals, prisons and community facilities. These will include, for example, conditions such as depressive disorders, anxiety disorders, psychotic disorders, personality disorders and substance abuse disorders. Students will be presented with information that guides the diagnosis, explanation and various treatments for disorders such as these, with a view to providing a basis for future study and/or employment in this fascinating area.

Learning Activities

A range of methods are utilised to enhance the student learning experience and to give students greater control over their own learning.

Lectures: Part (sometimes all) of most sessions is devoted to a formal lecture in which key concepts and ideas are conveyed.

Seminars: These are smaller group sessions that will focus on a particular part of the module. During these tutor led sessions, students will discuss and evaluate a current

topic in mental health disorders.

Virtual session: Relevant material and guidance is provided via the virtual learning environment (VLE) and students can engage at a time and in a way that suits their approach to learning best. Usually several online activities will be suggested for a virtual session.

Online discussions: Online discussion forums will be set up on the VLE. These can be used to discuss relevant topics between students or groups of students and will be moderated by the lecturers. Additionally, students are encouraged to use these discussion boards to direct their questions to the lecturers, instead of using e-mail, whenever the question is not of confidential nature. In this way, all students can benefit from the answer and we do not have to answer the same question several times.

Independent study: Guidance will be provided on supplementary texts, where these are pertinent to specific topics. In addition, students are expected to engage in independent reading beyond the book chapters/articles assigned to specific topics. Furthermore, students are encouraged to explore web-links, some of which will be provided on the VLE.

Notes

This module follows on from Mental Health and Wellbeing at Level 4 and will investigate the aetiology and incidence of various mental disorders.