## **Liverpool** John Moores University

Title: Community Health Improvement

Status: Definitive

Code: **5507SSLNBF** (124741)

Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition

Teaching School/Faculty: Blackpool & Fylde College

Team	Leader
Sally Starkey	Υ

Academic Credit Total

Level: FHEQ5 Value: 20 Delivered 48

Hours:

Total Private

Learning 200 Study: 152

Hours:

# **Delivery Options**

Course typically offered: Semester 2

Component	Contact Hours	
Lecture	12	
Practical	21	
Seminar	15	

**Grading Basis:** 40 %

#### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	Project	Community Project	100	

#### Aims

This module raises awareness of ways in which the health needs of communities can be identified and addressed. It introduces the concept, the practice and 'tools' of community development and discusses the roles and responsibilities of people and organisations working with communities.

This module provides a basic introduction to concepts of community development including empowerment, local identity, ownership and participation. Examples of

theories, tools and techniques for community health development are discussed as well as the concept of citizenship. The roles and responsibilities of individuals and organisations both external and internal to the community are introduced.

### **Learning Outcomes**

After completing the module the student should be able to:

- 1 Identify and adapt techniques to deliver sport and physical activity programmes in a community setting.
- 2 Critically review the provision of health promotion opportunities for selected excluded populations within the local community.
- 3 Examine and evaluate varied psycho/socio/political contexts of health care and community health.

# **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Community Project 1 2 3

## **Outline Syllabus**

Identifying local projects aims and objectives. Applying for voluntary service. Personal contribution to initiatives/schemes. Preparing and delivering a reflective report.

#### **Learning Activities**

Study skills techniques
Lecture based workshops and seminars
Presenting health information in practical environments
Peer and Self-reflection
VLE Forums online

#### **Notes**

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