

Module Information

2022.01, Approved

Summary Information

Module Code	5511ARCCS
Formal Module Title	Continuing Personal Development and Professional Practice
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Learning Methods

Learning Method Type	Hours
Lecture	10
Seminar	16
Tutorial	6
Workshop	16

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

Aims and Outcomes

Aims	To provide students with continuous opportunities to develop and grow as an effective practitioner. To improve the students ability to critically evaluate self and as a practitioner. To assist students to reflect and discuss their blocks to certain clients/situations.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Evaluate own growth as a person and therapist.
MLO2	2	Identify limitations and strengths of own personal growth.
MLO3	3	Identify and discuss own blocks to personal development.

Module Content

Outline Syllabus	Professional Practice Action plans Goal setting Portfolio building Working with difficult clients Referrals Critical and reflective thinking Working with others Reflective writing Maintaining boundaries Supervision Time management Develop understanding of self and others Dynamics in relationships and groups Working at relational depth Group dynamics Confidence building Personal conflict Personal awareness Developing the core conditions Self-reflection Difficult clients Work life balance Personal responsibility Self-care Personal boundaries
Module Overview	
Additional Information	This module supports continual personal and professional development. Students need to show a commitment to continued learning. Growth and development is central to the work of a therapist. Students will explore several elements of continuing personal and professional development, including training, self-awareness, self-care and the importance of creating an effective support system for self. Only by caring for their own well-being can therapists ensure they are in a position to give their clients the support and attention they deserve. Work life balance is essential to working with clients. Students will collate a portfolio including: CV Cover letter Qualifications Action Plan 100 word reflection piece

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Portfolio	Portfolio 1000 words	33	0	MLO1, MLO3
Essay	Essay 2000 words	67	0	MLO2, MLO3

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Philomene Uwamaliya	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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