

Liverpool John Moores University

Title: Continuing Personal Development and Professional Practice
Status: Definitive
Code: **5511ARCCS** (124440)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Accrington & Rossendale College

Team	Leader
Philomene Uwamaliya	Y

Academic Level: FHEQ5
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	10
Seminar	16
Tutorial	6
Workshop	16

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio	30	
Essay	AS2	Essay 2500words	70	

Aims

To provide students with continuous opportunities to develop and grow as an effective practitioner.

To improve the students ability to critically evaluate self and as a practitioner.

To assist students to reflect and discuss their blocks to certain clients/situations.

Learning Outcomes

After completing the module the student should be able to:

- 1 Evaluate own growth as a person and therapist.
- 2 Identify limitations and strengths of own personal growth.
- 3 Identify and discuss own blocks to personal development.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	3
Essay 2500words	2	3

Outline Syllabus

Professional Practice

Action plans

Goal setting

Portfolio building

Working with difficult clients

Referrals

Critical and reflective thinking

Working with others

Reflective writing

Maintaining boundaries

Supervision

Time management

Develop understanding of self and others

Dynamics in relationships and groups

Working at relational depth

Group dynamics

Confidence building

Personal conflict

Personal awareness

Developing the core conditions

Self-reflection

Difficult clients

Work life balance

Personal responsibility

Self-care

Personal boundaries

Learning Activities

This module will be delivered by a series of lectures, role play, experiential activities, tutorials, practical work, workplace activity and private study, residential, portfolio building.

Its Learning (VLE) will be utilised as an additional learning resource on this module. This will provide links to academic web-sites and on-line journals, facilitate group discussion outside of the classroom, access to outline lecture notes, and provide students with assessment details.

Regular tutorials will provide opportunities for informal formative assessment to support student learning and discuss further progress.

Notes

This module supports continual personal and professional development.

Students need to show a commitment to continued learning. Growth and development is central to the work of a therapist. Students will explore several elements of continuing personal and professional development, including training, self-awareness, self-care and the importance of creating an effective support system for self. Only by caring for their own well-being can therapists ensure they are in a position to give their clients the support and attention they deserve. Work life balance is essential to working with clients.