

## Liverpool John Moores University

Title: Mental Health in Older Adults  
Status: Definitive  
Code: **5511ARCMH** (124470)  
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Accrington & Rossendale College

Team	Leader
Philomene Uwamaliya	Y

**Academic Level:** FHEQ5  
**Credit Value:** 20  
**Total Delivered Hours:** 48  
**Total Learning Hours:** 200  
**Private Study:** 152

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	42
Seminar	3
Tutorial	3

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	AS1	Seminar discussion	30	
Essay	AS2	Essay 2500 words	70	

### Aims

*To give an overview of the different types of mental health issues affecting older adults, looking at factors such as loneliness, isolation, poor social mobility, dementia.*

*2To give an insight into the support networks available for older people and their formal or informal carers.*

*To explore person centred care strategies, taking into account assessment, care planning, challenging behaviour, and Deprivation of Liberty safeguards.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Identify and discuss the challenges older adults face which may lead to mental ill health.
- 2 Evaluate the effectiveness of support networks for service users and carers.
- 3 Investigate the principles of person centred care, challenging behaviours and available management strategies.
- 4 Analyse the value of effective communication when working with older adults with cognitive impairment.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Pres	4		
Essay 2500	1	2	3

## **Outline Syllabus**

*This module will provide students with an overview of varying difficulties older adults can face when diagnosed with different types of mental illness. Identifying factors such as:*

*Poverty*

*Loneliness*

*Lifestyle*

*Explore and appraise the support networks available for older adults and their formal and informal carers. Including government initiatives and voluntary sector organisation*

*Communication techniques as communication skills in older adults can change subtly at least in part because of changes in:*

*Physical health*

*Depression*

*Cognitive decline*

*This module will give students an insight into person centred care strategies and the management of challenging behaviour that can be used within community or residential settings.*

## **Learning Activities**

Lectures, tutorials, practical work and private study.  
Supporting materials, tutorials and group discussions will be available electronically via the college VLE.

## **Notes**

This module will provide students with an overview of the varying challenges older people and their carers can face especially when faced with a diagnosis of mental illness, the support networks that are available for older people and their carers. Communication difficulties and techniques used to communicate effectively and the management of challenging behaviours. review of current initiatives.