

# Mental Health in Older Adults

# **Module Information**

2022.01, Approved

# **Summary Information**

Module Code	5511ARCMH
Formal Module Title	Mental Health in Older Adults
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

#### Partner Teaching Institution

Institution Name	
Nelson and Colne College Group	

## **Learning Methods**

Learning Method Type	Hours
Lecture	42
Seminar	3
Tutorial	3

# Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

### **Aims and Outcomes**

Aims To give an overview of the different types of mental health issues affecting older adults, looking at factors such as loneliness, isolation, poor social mobility, dementia.2To give an insight into the support networks available for older people and their formal or informal carers.To explore person centred care strategies, taking into account assessment, care planning, challenging behaviour, and Depravation of Liberty safeguards.	١
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#### After completing the module the student should be able to:

#### Learning Outcomes

Code	Number	Description
MLO1	1	Identify and discuss the challenges older adults face which may lead to mental ill health.
MLO2	2	Evaluate the effectiveness of support networks for service users and carers.
MLO3	3	Investigate the principles of person centred care, challenging behaviours and available management strategies.
MLO4	4	Analyse the value of effective communication when working with older adults with cognitive impairment.

## **Module Content**

Outline Syllabus	This module will provide students with an overview of varying difficulties older adults can face when diagnosed with different types of mental illness. Identifying factors such as:PovertyLonelinessLifestyleExplore and appraise the support networks available for older adults and their formal and informal carers. Including government initiatives and voluntary sector organisationCommunication techniques as communication skills in older adults can change subtly at least in part because of changes in:Physical healthDepressionCognitive declineThis module will a give students an insight into person centred care strategies and the management of challenging behaviour that can be used within community or residential settings.
Module Overview	
Additional Information	This module will provide students with an overview of the varying challenges older people and their carers can face especially when faced with a diagnosis of mental illness, the support networks that are available for older people and their carers. Communication difficulties and techniques used to communicate effectively and the management of challenging behaviours. review of current initiatives.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Seminar 10 mins	25	0	MLO4
Essay	Essay 2250	75	0	MLO1, MLO2, MLO3

## **Module Contacts**

Module Leader

Contact Name	Applies to all offerings	Offerings
Philomene Uwamaliya	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings	