

Liverpool John Moores University

Title: Treatment & Recovery Approaches in Mental Health
Status: Definitive
Code: **5513ARCMH** (124472)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Accrington & Rossendale College

Team	Leader
Philomene Uwamaliya	Y

Academic Level: FHEQ5
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	42
Tutorial	6

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	AS1	Reflective Journal	30	
Essay	AS2	Essay 2500Words	70	

Aims

- 1. To identify the key considerations for the development and commissioning of mental health services in the UK; offering an overview of the types of services provided, including Prevention, Early Intervention, Community, Acute & Forensic Mental Health Services.*
- 2. To explore the different types of approaches offered including Psychological/Biological/Social Interventions and Recovery and Relapse Prevention;*

providing an overview of the key evidence based approaches incorporating the most current best practice guidelines and pathways.

Learning Outcomes

After completing the module the student should be able to:

- 1 Evaluate the key elements considered in planning and delivering effective and accessible mental health services.
- 2 Identify the full range of mental health service provision in the UK and evaluate the different types of approaches offered in these settings.
- 3 Appraise the key evidence based approaches employed in relation to treatment and care, including the management of co-morbidities.
- 4 Evaluate the nature of service user and carer involvement in the planning and delivery of mental health services.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Ref Journal	1	2
Essay 2500	3	4

Outline Syllabus

This module provides an introduction to the key services that are commissioned and provided in the UK. It will include a brief historical overview of mental health service provision and build upon this to explore the range of services available to those seeking treatment and support with mental illness. Students will consider the key drivers in relation to the UK national strategies including; local needs assessments; research and data, engaging with key stakeholders in developing mental health services. They will also review the evidence based approaches as promoted by relevant organisations responsible for the delivery of mental health services; this will include an appraisal of the appropriate NICE guidance on clinical interventions and psychosocial interventions. Diagnosis and/or formulation approaches will be considered. Students will review current initiatives and will explore how services might be configured and commissioned in the future.

Students will be encouraged to consider how co-morbidities may impact upon treatment and care needs and explore relevant care pathways. The module will also offer an opportunity to explore the importance of service user and carer involvement in the development and delivery of mental health services.

Learning Activities

Lectures, seminar discussion, tutorial, private study and practical work, both in groups and alone.

Supporting materials, tutorials and group discussions will be available electronically via the college VLE.

Notes

The module is designed to assist students becoming effective learners and practitioners by providing students with knowledge of the key aspects of developing and delivering mental health services and the approaches services use.

Learners will be provided the opportunity to, and be encouraged to, become critical and reflective thinkers, develop analytical skills and work collaboratively with others.