

# **Treatment and Recovery Approaches in Mental Health**

# **Module Information**

**2022.01, Approved** 

### **Summary Information**

Module Code	5513ARCMH
Formal Module Title	Treatment and Recovery Approaches in Mental Health
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

#### **Teaching Responsibility**

LJMU Schools involved in Delivery	
LJMU Partner Taught	

# **Learning Methods**

Learning Method Type	Hours
Lecture	42
Tutorial	6

# Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

# **Aims and Outcomes**

Aims	1. To identify the key considerations for the development and commissioning of mental health services in the UK; offering an overview of the types of services provided, including Prevention, Early Intervention, Community, Acute & Forensic Mental Health Services.2. To explore the different types of approaches offered including Psychological/Biological/Social Interventions and Recovery and Relapse Prevention; providing an overview of the key evidence based approaches incorporating the most current best practice guidelines and pathways.
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#### After completing the module the student should be able to:

#### **Learning Outcomes**

Code	Number	Description
MLO1	1	Evaluate the key elements considered in planning and delivering effective and accessible mental health services.
MLO2	2	Identify the full range of mental health service provision in the UK and evaluate the different types of approaches offered in these settings.
MLO3	3	Appraise the key evidence based approaches employed in relation to treatment and care, including the management of co-morbidities.
MLO4	4	Evaluate the nature of service user and carer involvement in the planning and delivery of mental health services.

### **Module Content**

Outline Syllabus	This module provides an introduction to the key services that are commissioned and provided in the UK. It will include a brief historical overview of mental health service provision and build upon this to explore the range of services available to those seeking treatment and support with mental illness. Students will consider the key drivers in relation to the UK national strategies including; local needs assessments; research and data, engaging with key stakeholders in developing mental health services. They will also review the evidence based approaches as promoted by relevant organisations responsible for the delivery of mental health services; this will include an appraisal of the appropriate NICE guidance on clinical interventions and psychosocial interventions. Diagnosis and/or formulation approaches will be considered. Students will review current initiatives and will explore how services might be configured and commissioned in the future. Students will be encouraged to consider how comorbidities may impact upon treatment and care needs and explore relevant care pathways. The module will also offer an opportunity to explore the importance of service user and carer involvement in the development and delivery of mental health services.		
Module Overview			
Additional Information	The module is designed to assist students becoming effective learners and practitioners by providing students with knowledge of the key aspects of developing and delivering mental health services and the approaches services use.Learners will be provided the opportunity to, and be encouraged to, become critical and reflective thinkers, develop analytical skills and work collaboratively with others.		

#### **Assessments**

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	Seminar Paper 500 words	40	0	MLO1, MLO2
Essay	Essay 2500 words	60	0	MLO3, MLO4

#### **Module Contacts**

#### **Module Leader**

Contact Name	Applies to all offerings	Offerings
Philomene Uwamaliya	Yes	N/A

#### Partner Module Team