

## Liverpool John Moores University

Title: Children & Young People's Mental Health & Wellbeing  
Status: Definitive  
Code: **5516ARCMH** (124468)  
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Accrington & Rossendale College

Team	Leader
Philomene Uwamaliya	Y

**Academic Level:** FHEQ5  
**Credit Value:** 20  
**Total Delivered Hours:** 48  
**Total Learning Hours:** 200  
**Private Study:** 152

### Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	42
Seminar	3
Tutorial	3

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	AS1	Poster presentation 20mins	30	
Essay	AS2	Essay 2500 words	70	

### Aims

*The module aims to provide an introduction to psychological and developmental processes experienced by children and young people and how these can have an impact on their mental health and wellbeing.*

*It explores risk and resilience in children and young people in relation to mental health and wellbeing; examining how society and services respond to the specific*

*needs of this group, providing solutions which are both successful and sustainable.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Explain and apply the main theoretical approaches to child development and the contribution they make to the understanding of the mental health and wellbeing of children and young people.
- 2 Explore a range of mental health conditions and evaluate how they may present in children and young people.
- 3 Critically evaluate the range and purpose of interventions used to work with children, young people and their families in an attempt to address their mental health and wellbeing.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Poster Presentation	1	2
Essay 2500words	3	

## **Outline Syllabus**

*This module will explore and encourage an understanding of factors that make children and young people resilient to, and at risk from, mental health difficulties. It seeks to identify and outline the prevalence and context of several specific mental health issues including attachment, emotional and behavioural problems, eating disorders, anxiety, depression, substance misuse and self-harm.*

*It will examine the various dimensions of practice including the structure of Children & Young People's Mental Health & Wellbeing services, ethical issues and the importance of supervision, safeguarding, Government Guidance/Policy and codes of practice.*

## **Learning Activities**

Lectures, seminars, tutorials, paired and group work. It is likely that the module will draw upon external speakers where appropriate.

Supporting materials, tutorials and group discussions will be available electronically via the college VLE.

## **Notes**

Although introductory towards the specific client group the module will require

thought and analysis skills at level 5.

Regular tutorials will provide opportunities for informal formative assessment to support student learning and discuss their overall progress.