

Ballet and Contemporary Techniques

Module Information

2022.01, Approved

Summary Information

Module Code	5517IABCPD
Formal Module Title	Ballet and Contemporary Techniques
Owning School	Liverpool Screen School
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Institute of the Arts Barcelona

Learning Methods

Learning Method Type	Hours
Practical	160

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

Aims and Outcomes

Aims	1. Develop a consistent embodiment of intermediate Ballet technique. 2. Develop consistent embodiment of intermediate of Contemporary Dance technique. 3. Develop an increasingly complex range of movement vocabulary, with articulation and clarity. 4. Demonstrate a varied use of dynamic phrasing and appropriate use of space.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Express embodiment of intermediate Ballet dance technique.
MLO2	2	Express embodiment of intermediate Contemporary dance technique.
MLO3	3	Perform an increasingly complex range of movement vocabulary, with articulation and clarity.
MLO4	4	Use varied elements of dynamic phrasing and show an appropriate use of space.

Module Content

Outline Syllabus	In this module students will explore and develop more advanced technical, creative and expressive skills across the two disciplines of Ballet and Contemporary dance. Classes will include an exploration of: • Centre work/Barre, floor work, travelling, sequences and combination. • Postural alignment, placement and centring principles. • Extension, flexion and suppleness in the body. • Control, strength and precision in movement. • Use of weight and space in relation to tasks. • Musicality-Rhythm, timing, speed and dynamic range. • Movement and muscle memory. Ballet Technique In Ballet the focus will be to move into the study of a more complex movement vocabulary with an emphasis on safe practice. The teaching will emphasise the quality of movement, the use of different dynamics and need for strong physicality. Contemporary Technique Students will be encouraged to further develop their contemporary dance physical skills. Structured and unstructured work will explore the creative and collaborative nature of current practice. Different contemporary dance techniques will be introduced to broaden students understanding and knowledge of the Contemporary Dance field.
Module Overview	
Additional Information	The module will allow the students to further develop their knowledge and skills in Ballet and Contemporary dance techniques. Assessment is via a Ballet class and a Contemporary class.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Presentation (Ballet)	50	0	MLO1, MLO3, MLO4
Practice	Presentation (Contemporary)	50	0	MLO2, MLO3, MLO4

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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