# Liverpool John Moores University

Title:	INTRODUCTION TO PSYCHOLOGY
Status:	Definitive
Code:	<b>5519CP</b> (103562)
Version Start Date:	01-08-2013
Owning School/Faculty: Teaching School/Faculty:	Arts, Professional and Social Studies Dublin Business School

Team	Leader
Alistair Beere	Y

Academic Level:	FHEQ5	Credit Value:	24.00	Total Delivered Hours:	77.00
Total Learning Hours:	240	Private Study:	163		

### **Delivery Options**

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	50.000
Seminar	25.000

## Grading Basis: 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Academic Essay	50.0	
Exam	AS2	Examination	50.0	2.00

### Aims

To enable learners to understand the basic principles and themes in Psychology. To give learners the opportunity to explore historical and recent research methodologies and findings and their contribution to an understanding of human behaviour.

To support learners in building an awareness of the historical development of the discipline.

To allow learners to explore the impact of historical intellectual climates on the

schools of thought that represent modern Psychology. To give learners an introduction to the application of the principles of Psychology in the contemporary environment.

# Learning Outcomes

After completing the module the student should be able to:

- 1 Identify the major areas of Psychology, including the parameters of the discipline.
- 2 Appraise the ways that psychological theories are used to describe, understand, predict and control or modify behaviour.
- 3 Explain the major psychological perspectives on human thought and behaviour.
- 4 Explain the historical antecedents of the discipline of Psychology, and their impact on modern thought.
- 5 Appraise how theories and methods of Psychology are applied to understand behaviour in various contemporary contexts.

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

ESSAY	1	2	4	
EXAM	2	3	4	5

# **Outline Syllabus**

1. Introduction: Definition of Psychology; the various sub-disciplines; empirical research and the scientific method; ethical considerations.

2. History of Psychology

Greek philosophical origins; history of medicine and madness; the influence of advancements in science and biology.

3. Schools of Thought in Philosophy

Nativism and empiricism; Descartes; British philosophers including Hobbes, Locke, Berkeley, Hume; William James.

4. Schools of Thought in Psychology

Gall and phrenology; Darwin and evolutionary theory; structuralism and functionalism; Wundt and experimental psychology.

## 5. Learning

Theories of learning; classical and operant conditioning; social learning theory. 6. Third Force Psychology

Humanistic psychology and the work of Maslow and Rogers; Positive psychology.

7. Biological Bases of Behaviour

Biological foundations of behaviour; neural hierarchy, function and anatomy; sociobiology and evolutionary psychology; mate selection.

8. Cognitive Psychology

*Memory; consciousness including sleep and dreaming, drugs and synaptic transmission; sensation; perception.* 

9. Applied Psychology Group influence; persuasion; team work; role conflict; cyber-psychology; neuropsychology.
10. Other Core Areas in Psychology Personality and Intelligence; Health Psychology; Psychological Disorders; Developmental Psychology.

# **Learning Activities**

Lectures and seminars.

### References

Course Material	Book
Author	Passer, M W and Smith, R E
Publishing Year	2010
Title	Psychology
Subtitle	The Science of Mind and Behaviour
Edition	6th
Publisher	McGraw-Hill
ISBN	

Course Material	Book
Author	Fancher, R E
Publishing Year	2012
Title	Pioneers of Psychology
Subtitle	
Edition	4th
Publisher	Norton
ISBN	

Course Material	Book
Author	Du Brin, J A
Publishing Year	2003
Title	Applying Psychology
Subtitle	Individual and Organisational Effectiveness
Edition	6th
Publisher	Prentice Hall
ISBN	

Course Material	Book
Author	Gross, R
Publishing Year	2010
Title	Psychology
Subtitle	The Science of Mind and Behaviour
Edition	6th

Publisher	Hodder and Stoughton
ISBN	

Course Material	Book
Author	Leahey, T H
Publishing Year	2012
Title	A History of Modern Psychology
Subtitle	
Edition	7th
Publisher	Prentice Hall
ISBN	

Course Material	Book
Author	Benjamin, L.
Publishing Year	2013
Title	A Brief History of Modern Psychology
Subtitle	
Edition	2nd
Publisher	Blackwell
ISBN	

Course Material	Book
Author	Carlson, N.R., Heth, D.S., Miller, H.L., Donahoe, J.W.,
	Buskist, W. & Martin, N.
Publishing Year	2009
Title	Psychology
Subtitle	The science of behaviour
Edition	7th
Publisher	Allyn & Bacon
ISBN	

Course Material	Book
Author	Hergenhahn,B.R.
Publishing Year	2013
Title	An Introduction to the History of Psychology
Subtitle	
Edition	7th
Publisher	Thomson Wadsworth
ISBN	

Course Material	Book
Author	Richards, G.
Publishing Year	2010
Title	Putting Psychology in its Place
Subtitle	An introduction from a critical historical perspective
Edition	3rd
Publisher	Routledge

ISBN	

Course Material	Book
Author	Schultz, D.P. & Schultz, S.E
Publishing Year	2010
Title	Modern Psychology
Subtitle	A History
Edition	11th
Publisher	Thomson Wadsworth
ISBN	

## Notes

This module introduces learners to empirical research methodology and key topics in Psychology. Lectures derive from a number of sub-disciplines including History and Schools, Social Psychology, Cognitive Psychology, Developmental Psychology, Abnormal Psychology, Health Psychology and Organisational Psychology.