

## Aerial Skills 1

### Module Information

2022.01, Approved

#### Summary Information

Module Code	5576IABCOM
Formal Module Title	Aerial Skills 1
Owning School	Liverpool Screen School
Career	Undergraduate
Credits	10
Academic level	FHEQ Level 5
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

#### Partner Teaching Institution

Institution Name
Institute of the Arts Barcelona

#### Learning Methods

Learning Method Type	Hours
Practical	100

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	28 Weeks

#### Aims and Outcomes

Aims	The aims of this module are to:1. Provide technical instruction in basic aerial performance skills.2. Understand and apply safe practice procedures on each piece of equipment.3. Develop core skills in a. Silksb. Hoopc. Aerial Acrobatics4. Improve physical conditioning and differing body strength as appropriate to each piece of equipment.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Employ a thorough and developed level of practical skill in creative dance-based acrobatics.
MLO2	2	Apply thorough and developed skills in aerial performance on silks
MLO3	3	Apply thorough and developed skills in aerial performance on hoop.
MLO4	4	Demonstrate safe professional studio practice on each piece of equipment.

### Module Content

Outline Syllabus	The module will be taught as two separate activities which are brought together as the assessment presentation is developed. Acrobatics:Acrobatics are increasingly becoming a requirement for Commercial Dance performers. The students will be introduced to basic principles of: • Flexibility• Core Strength• Balance• Co-ordination• Upper and lower body strength • Mental focus• Discipline• Performance Students will be asked to develop their abilities in basic acrobatic skills such as rolls, handstands, cartwheels, front and back walkovers, aerial cartwheels, tucks, turns, jumps, leaps and basic tumbling. As the module develops performance and more advanced elements will be introduced. Aerial Skills:Students will be introduced to each piece of equipment and given instruction in how to safely use it. Demonstration of learnt exercises on each piece of equipment will initially be done at a low height. As students' confidence, competence and core and arm strength develops the work will be moved to a progressively higher height. Safety mats must always be used. On silks time will be spent on how to use the silks, basic tricks and safe release techniques. On hoop time will be spent on perfecting balance, how to work on/in/around the hoop and adding acrobatic moves onto the hoop.
Module Overview	
Additional Information	Specialist dance skills at level 5 is intended as a broad overview which the student will be able to develop at level 6. Assessment is via a single integrated specialist performance presentation.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Presentation	100	0	MLO1, MLO2, MLO3, MLO4

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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