

Liverpool John Moores University

Title: COACHING PROCESS 3
Status: Definitive
Code: **6001COACH** (103752)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Simon Roberts	Y

Academic Level: FHEQ6
Credit Value: 24
Total Delivered Hours: 47
Total Learning Hours: 240
Private Study: 193

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	24
Practical	10
Seminar	10
Tutorial	3

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Annual Plan - Linked to improving performance (3000 words)	50	
Essay	AS2	Essay (3000 words)	50	

Aims

To develop a capacity for critical analysis of key factors influencing the development of the coaching profession. To provide a conceptual underpinning for further development of performance coaching.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically analyse the key trends in sports coaching.
- 2 Critically analyse where alternative research principles are appropriate for new/different contexts in sports coaching.
- 3 Critically analyse and implement up-to-date approaches in order to undertake annual planning.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Plan	1	2	3
Essay	1	2	

Outline Syllabus

Coaching Motivates

Developing research in coaching

Performance coaching and ethical practice

Performance coaching: Performance components, annual planning and training theory

Power in the coach-athlete relationship

Status and professionalism

Learning Activities

Students will participate in lectures, workshops and seminars throughout the module, both in groups and as individuals. Activities will be student centred and focus upon the exploration of coaching process concepts through varying teaching methods within a classroom based environment

Notes

This module is intended to develop the capacity to critically analyse the development of the coaching profession. This module also intends to underpin further development of performance coaching.