

## Liverpool John Moores University

Title: ASSESSING INDIVIDUALS AT RISK OF DEVELOPING CVD  
Status: Definitive  
Code: **6001CTPQHC** (106793)  
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Janet Drakeley	Y

**Academic Level:** FHEQ6      **Credit Value:** 5.00      **Total Delivered Hours:** 30.00  
**Total Learning Hours:** 50      **Private Study:** 20

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	4.000
Online	25.000
Tutorial	1.000

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Health Intervention Action Plan (1000 Words)	100.0	

### Aims

*Enhance the student's skills in the assessment of individual's risk of developing CVD*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Make effective evidence based clinical judgements on the individual's risk of developing CVD.
- 2 Devise an appropriate health intervention plan to reduce risk in relation to CVD

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

1000 words                      1    2

## Outline Syllabus

*Assessment and Referral Skills*

*Hyperlipidaemia, family history, blood pressure control, stress management, therapeutic benefits of exercise, past medical history, smoking cessation, alcohol consumption*

*Referral Pathways through Primary, Secondary and Tertiary Care*

*Relevant Policy/DoH Performance Targets*

*Health Intervention Action Plans, anti-platelet therapy, risk assessment*

*Risk Assessment*

## Learning Activities

Lectures  
Tutorials  
Group Work  
Problem Solving Activities  
VLE

## References

<b>Course Material</b>	Book
<b>Author</b>	Liponis, M & Hyman M.
<b>Publishing Year</b>	2003
<b>Title</b>	Ultraprevention: The six week plan that will make you healthy for life.
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Scribner Books London
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Springhouse
<b>Publishing Year</b>	2006
<b>Title</b>	Health Assessment Made Incredibly Visual!
<b>Subtitle</b>	

<b>Edition</b>	
<b>Publisher</b>	Springhouse Publishing
<b>ISBN</b>	1582559856

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## Notes

Assessment is a health intervention action plan