

Liverpool John Moores University

Title: Advancing Your Nursing Practice (Mental Health)
Status: Definitive
Code: **6001NBSCMH** (118105)
Version Start Date: 01-08-2019

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Karen Rea	Y

Academic Level: FHEQ6 **Credit Value:** 40 **Total Delivered Hours:** 80

Total Learning Hours: 400 **Private Study:** 320

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	10
Practical	50
Seminar	10
Workshop	10

Grading Basis: Pass/Not Pass

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	practice		100	

Aims

This module aims to prepare the student to demonstrate their ability to work as confident, autonomous, safe and effective practitioner by the point of registration.

Learning Outcomes

After completing the module the student should be able to:

- 1 Safely achieve all the practice based learning competences required by point of registration

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practice Achievement 1
Record

Outline Syllabus

Professional values

choice and diversity. Challenging inequalities. Power imbalance. Advocacy. Safeguarding. Promote health. Adapt practice - Collaborative working. Independant practice. Recognising and addressing personal and professional limitations. Appreciate and apply evidence based practice.

Communication and interpersonal skills

Engaging with people distressed by hearing voices, experiencing distressing thoughts or experiencing other perceptual problems. Facilitation of therapeutic groups. Effective use of communication. Informed choices and shared decision making. Recognise and respond effectively when people are anxious or in distress. Interpersonal skills and interventions that help people disclose and discuss their experiences as part of their recovery. Use of therapeutic self in working with people towards recovery. Health-promoting behaviour. Record keeping. Confidentiality, and relevant ethical and regulatory frameworks.

nursing practice and decision making

Change agent. Collaborative working. Recognise and respond to the needs of all people who come into care including babies, children and young people, pregnant and postnatal women, people with physical health problems, people with physical disabilities, people with learning disabilities, older people, and people with long term problems such as cognitive impairment. Comprehensive, systematic nursing assessments, case formulation and negotiating goals. Deliver skills in a range of evidence-based individual and group psychological and psychosocial interventions. Mental health promotion. Support people to make informed choices. Recognise and interpret signs of normal and deteriorating mental and physical health and respond promptly to maintain or improve the health, comfort and safety of the service user and others. Skills in early intervention, crisis resolution and relapse management, ensuring safety and security which promotes recovery. Work positively and proactively with people who are at risk of suicide or self-harm, use evidence-based models of suicide prevention, intervention and harm reduction to minimise risk. Apply effective risk assessment and management strategies to ensure client and public safety. Evaluate care to improve clinical decision-making, quality and outcomes. Practise safely, aware of the correct use, limitations and hazards of common interventions, including nursing activities, treatments, and the use of

medical devices and equipment. Essential First Aid and Incident management, Moving and positioning, Infection control. Pharmacology in practice, Skin health and wound management. CPR, Manual handling.

leadership, management and team working

Act as change agents and provide leadership through quality improvement and service development to enhance people's wellbeing and experiences of healthcare. Systematically evaluate care and ensure the findings are used to help improve people's experience and care outcomes and to shape future services. Identify priorities and manage time and resources effectively to ensure the quality of care is maintained or enhanced. Clinical supervision. Facilitate the development of nursing students and others. Raise awareness and provide advice and support in mental health care and treatment to members of the multiprofessional team and others working in health, social care and other services and settings. Best practice. Work independently. Autonomous practice. Take the lead in coordinating, delegating and supervising care safely, managing risk and remaining accountable for the care given. Shared decision making and effective transition within and between services and agencies.

Learning Activities

A range of learning activities will be used for module delivery including lectures, activity-based seminars and workshops, on-line learning, reflective practice, formative assessment, guided reading and independent study.

Notes

This module will offer opportunities for students to act in a competent and autonomous manner in clinical placements in preparation for registration.

It aims to further extend the student's generic and field knowledge and skills through undertaking a range of basic and complex practice learning opportunities. Students will work with less direct supervision to make the most of opportunities to extend knowledge, skills and practice. Practice learning is supported by a formative skills inventory. University-based skill development will focus on complex and advanced skills to prepare students for this level of practice-based learning.