# **Liverpool** John Moores University

Title: PSYCHOLOGICAL TRAUMA

Status: Definitive

Code: **6003CPCOMM** (106783)

Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health Teaching School/Faculty: Nursing and Allied Health

Team	emplid	Leader
Angela West		Υ

Academic Credit Total

Level: FHEQ6 Value: 15.00 Delivered 30.00

**Hours:** 

Total Private

Learning 150 Study: 120

**Hours:** 

**Delivery Options** 

Course typically offered: Semester 2

Component	Contact Hours
Lecture	6.000
Workshop	24.000

Grading Basis: 40 %

#### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	3000 word essay	100.0	

#### Aims

To provide students with in depth knowledge and critical understanding of the impact of trauma and contemporary treatment methodologies

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critically examine a range of trauma models, with reference to contemporary issues and controversies
- 2 Develop in-depth knowledge and understanding of key theoretical concepts that inform current therapeutic inteventions in working with trauma
- 3 Critically evaluate the NICE Guidelines together with current diagnostic criteria for the treatment of post traumatic stress disorder (PTSD)
- 4 Demonstrate an understanding of the possible psychological risks inherent in working with trauma

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

ESSAY 1 2 3 4

# **Outline Syllabus**

Models of Trauma
Issues and Controversies surrounding Psychological Trauma
NICE Guidelines and Diagnostic Criteria
Trauma and Culture
Complex Trauma
Vicarious Traumatisation
Post-traumatic Growth

## **Learning Activities**

A combination of lectures and workshops, including experiential learning, will be used to stimulate critical debate and discussion

#### References

Course Material	Book
Author	Herman, J.L.
<b>Publishing Year</b>	1996
Title	Trauma and Recovery
Subtitle	From Domestic Abuse to Political Terror
Edition	
Publisher	Rivers Oram Press/Pandora Press
ISBN	

Course Material	Book
Author	Rosen, G.
<b>Publishing Year</b>	2004
Title	Posttraumatic Stress Disorder
Subtitle	Issues and Controversies
Edition	

Publisher	Wiley & Sons Ltd
ISBN	

Course Material	Book
Author	Rothschild, B.
Publishing Year	2000
Title	The Body Remembers
Subtitle	The Psychphysiology of Trauma and Trauma Treatment
Edition	
Publisher	Norton & Co
ISBN	

Course Material	Book
Author	Scott, M.J. & Stradling, S.G.
Publishing Year	2006
Title	Counselling for Post-traumatic Stress Disorder
Subtitle	
Edition	
Publisher	Sage Publications
ISBN	

Course Material	Book
Author	Wilson, J.P. & Keane, T.M.
Publishing Year	2004
Title	Assessing Psychological Trauma and PTSD
Subtitle	
Edition	2nd
Publisher	Guildford Press
ISBN	

Course Material	Book
Author	Wilson, J.P. & Thomas, R.B.
Publishing Year	2004
Title	Empathy in the Treatment of Trauma & PTSD
Subtitle	
Edition	
Publisher	Brunner-Routledge
ISBN	

## **Notes**

This module will enable students to increase their knowledge and critical understanding of the impact of trauma on individuals and groups as well as contemporary treatment methodologies. The main focus of the course will be to explore a range of models for understanding psychological trauma and the possible risks inherent when working in this field.