# Liverpool John Moores University

Title:	Complexity of Care in Mental Health Nursing	
Status:	Definitive	
Code:	<b>6003NBSCMH</b> (118043)	
Version Start Date:	01-08-2019	
Owning School/Faculty:	Nursing and Allied Health	
Teaching School/Faculty:	Nursing and Allied Health	

Team	Leader
Paula Kennedy	Y
Denise Aspinall	

Academic Level:	FHEQ6	Credit Value:	20	Total Delivered Hours:	41
Total Learning Hours:	200	Private Study:	159		

**Delivery Options** Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	10
Online	15
Seminar	5
Workshop	10

# Grading Basis: 40 %

#### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Case study	2000 words mental health field specific patient case study	30	
Presentation	scenario	The marks for this assessment will be allocated on the basis of assessed feedback on group work relating to a number of scenarios used during the module. Attendance at the workshop will contribute to this assessment component.	40	
Exam	exam	This is a pass/fail exam. Pass mark 100%	30	1

Competency	Pharmacy Based Calculation

#### Aims

To enhance the student's ability to critically analyse mental health care practices.

### Learning Outcomes

After completing the module the student should be able to:

- 1 Critically explore professional, ethical and legal frameworks and processes that maintain and improve standards in mental health care.
- 2 Critically evaluate a range of evidence-based clinical interventions and nursing practices that optimise mental health and wellbeing.
- 3 Critically reflect upon the personal and professional qualities required to be a safe and effective promoter of the health care needs of service users and carers.
- 4 Critically analyse effective management strategies related to complex care
- 5 Understand medicines management and drug calculation in the delivery of complex interventions in mental health.

### Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

patient case study	1	2	4
scenario-based	3		
short answer	5		
Pharmacy Based Calculation			

# **Outline Syllabus**

#### Professional values

Ethical challenges in mental health care.

An in depth understanding of mental health legislation and how it relates to care and treatment of people with mental health problems including those with complex needs. This may arise from ageing, cognitive impairment, long-term conditions and those approaching the end of life.

5

Recognising how personal values, beliefs and emotions impact on practice, and how ones own practice aligns with mental health legislation, policy and values-based frameworks.

Communication methods and the influence of ill health, disability and other factors.

nursing practice and decision making Safeguarding. Complexity of clinical decisions. Critical knowledge of common physical and mental health problems and treatments including co-morbidity and physiological and psychological vulnerability. Pharmocology. Emotional intelligence/literacy. Evidence-based individual and group psychological and psychosocial interventions. Individualised systematic needs assessments. Develop, plan and evaluate outcomes, in partnership with service users and others. Facilitating Informed choices. Identify actions that promote health. Positive risk taking and management. Raise awareness of mental health to members of the multiprofessional team and others working in health, social care and other services and settings. Contribute to the management of mental health care environments. Mental health legislation.

# **Learning Activities**

A range of learning activities will be used for module delivery including lectures, seminars, workshops, on-line learning, reflective practice, formative assessment, guided reading, independent study, online numeracy resources.

# Notes

The module aims to develop the student's understanding of the complexity of care and equip them with the skills required in nursing complex cases. It will allow the students to experience caring for patients with complex needs and also to consider the effects of complexity on the patient, and on the family/carer.

Students undertake guided independent learning and bring this to group activities in which scenario's are used to facilitate their professional knowledge and development

Students will also undertake a pharmacology/numeracy exam. This is a pass/fail element of the module that they must pass. For the purposes of assessment, students must achieve 100% to pass this test. Performance in this exam can also be used to demonstrate numerical reasoning graduate skills. This will assess the 5th learning outcome 'Understand medicines management and drug calculation in the delivery of complex interventions in mental health'.