

## Liverpool John Moores University

Title: Managing Complex Care in Mental Health  
Status: Definitive  
Code: **6003PRNMH** (123990)  
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Health

Team	Leader
Christine Roberts	Y
Gemma Trainor	

**Academic Level:** FHEQ6      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	6
Online	10
Seminar	12
Workshop	12

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	CASE STUDY	3500 words mental health field specific service user case study	80	
Presentation	SCENARIO	Group scenario in a day (SIAD): whole day presentation assessment	20	

### Aims

*To enhance the student's ability to critically analyse mental health care practices.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Critically explore professional, ethical and legal frameworks and processes that maintain and improve standards in mental health care.
- 2 Critically evaluate a range of evidence-based clinical interventions and nursing practices that optimise mental health and wellbeing.
- 3 Critically reflect upon the personal and professional qualities required to be a safe and effective promoter of the health care needs of service users and carers.
- 4 Critically analyse effective management strategies related to complex care

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

SERVICE USER CASE STUDY	1	2	3	4
SCENARIO BASED	3			

## Outline Syllabus

*Professional values*

*Ethical challenges in mental health care.*

*An in depth understanding of mental health legislation and how it relates to care and treatment of people with mental health problems including those with complex needs. This may arise from ageing, cognitive impairment, long-term conditions and those approaching the end of life.*

*Recognising how personal values, beliefs and emotions impact on practice, and how one's own practice aligns with mental health legislation, policy and values-based frameworks.*

*Communication methods and the influence of ill health, disability and other factors.*

*Nursing practice and decision making*

*Safeguarding. Complexity of clinical decisions. Critical knowledge of common physical and mental health problems and treatments including co-morbidity and physiological and psychological vulnerability. Emotional intelligence/literacy.*

*Evidence-based individual and group psychological and psychosocial interventions.*

*Individualised systematic needs assessments. Develop, plan and evaluate outcomes, in partnership with service users and others. Facilitating informed choices. Identify actions that promote health. Positive risk taking and management.*

*Raise awareness of mental health to members of the multiprofessional team and others working in health, social care and other services and settings. Contribute to the management of mental health care environments. Mental health legislation.*

## Learning Activities

A range of learning activities will be used for module delivery including lectures, seminars, workshops, on-line learning, reflective practice, formative assessment,

guided reading, independent study.

## **Notes**

The module aims to develop the student's understanding of the complexity of care and equip them with the skills required in nursing complex cases. It will allow the students to experience caring for patients with complex needs and also to consider the effects of complexity on the patient, and on the family/carer.

Students undertake guided independent learning and bring this to group activities in which a scenario is used to facilitate their professional knowledge and development