

## Liverpool John Moores University

Title: COACHING PRACTICE 3  
Status: Definitive  
Code: **6004COACH** (103755)  
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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**Academic Level:** FHEQ6  
**Credit Value:** 24  
**Total Delivered Hours:** 175  
**Total Learning Hours:** 240  
**Private Study:** 65

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	5
Practical	10
Tutorial	10
Workshop	150

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Coaching Portfolio/PDP (3000 words)	50	
Portfolio	AS2	Practitioner Research Project (3000 words)	50	

### Aims

*This module should contribute to the development of the student as an independent, reflective practitioner who is capable of sustaining enquiry into aspects of his/her professional sports coaching context. This module offers the opportunity to plan, implement, analyse and revise and reflect on a sustained coaching programme. The*

*placement context will be supported by a group tutor from the placement and the University*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Identify and critically evaluate an extensive range of current and relevant literature, to argue for the theoretical perspective adopted in an empirical study.
- 2 critically interpret evidence gathered from an appropriate range of sources, including from reflection on students' practise and professional practise portfolio.
- 3 Demonstrate synthesis of theories and professional practise drawing on logical conclusions based on conceptual, theoretical, and/or data analysis
- 4 Critically evaluate personal development related to coaching skills and performance

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	4
Reasearch Project	1	2	3

## **Outline Syllabus**

*Work related learning module focussing on individual performance and demonstration of improvement and development.*

*Exploration of relevant literature related to their skill focus whilst on placement.*

## **Learning Activities**

The module is structured as a parallel programme of professional practice. The professional practice is regulated through a professional portfolio and coaching report. The likely emphasises (with some flexibility and prior negotiation with tutor) are planning, behaviour.style, interpersonal behaviour, social context, ethical context, technical model development, reflection on professional competence, and reflection on progression.

## **Notes**

The aim of this module is to engage the student in working as an independent, reflective practitioner who is capable of sustaining enquiry into aspects of his/her professional sports coaching context.