

Liverpool John Moores University

Title: CONTEMPORARY PERSON CENTRED THEORY
Status: Definitive
Code: **6008CPCOMM** (106788)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Caroline Marsh	Y

Academic Level: FHEQ6
Credit Value: 15.00
Total Delivered Hours: 30.00
Total Learning Hours: 150
Private Study: 120

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	20.000
Seminar	10.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	3000 word essay	100.0	

Aims

To provide students with in depth understanding of contemporary developments in person centred theory and practice and to examine the evidence base for the therapeutic effectiveness of this modality.

Learning Outcomes

After completing the module the student should be able to:

Course Material	Book
Author	Cooper, M., O'Hara,M., Schmid,P. and Wyatt,G. (eds)
Publishing Year	2007
Title	The handbook of person centred psychotherapy and counselling
Subtitle	
Edition	1st
Publisher	Palgrave Macmillan
ISBN	

Course Material	Book
Author	Cooper,M.
Publishing Year	2008
Title	Essential Reserach Findings in Counselling and Psychotherapy
Subtitle	The facts are friendly
Edition	1st
Publisher	Sage
ISBN	

Course Material	Book
Author	Mearns, D and Thorne,B
Publishing Year	2007
Title	Person-centred counselling in action
Subtitle	
Edition	3rd
Publisher	Sage
ISBN	

Course Material	Book
Author	Mearns,D and Cooper, M
Publishing Year	2005
Title	Working at relational depth in counselling and psychotherapy
Subtitle	
Edition	1st
Publisher	Sage
ISBN	

Course Material	Book
Author	Watson,J.C., Goldman,R.N. and Warner,M.S. (eds)
Publishing Year	2002
Title	Client centred and experiential psychotherapy in the 21st century:
Subtitle	Advances in theory, research and practice
Edition	1st
Publisher	PCCS

ISBN	
-------------	--

Course Material	Book
Author	Joseph,S and Worsley,R (eds)
Publishing Year	2005
Title	person - Centred Psychopathology
Subtitle	A positive psychology of mental health
Edition	1st
Publisher	PCCS
ISBN	

Course Material	Book
Author	Tudor,K (ed)
Publishing Year	2008
Title	Brief Person Centred Therapies
Subtitle	
Edition	1st
Publisher	Sage
ISBN	

Notes

This module is aimed both at students who have previously studied person centred theories and those who have been trained in different modalities. The module aims to chart developments in person centred theory and to show how the person centred approach is still valid and valuable to a range of contemporary settings. The political aspects of the approach will be explored and examined in the contemporary UK context of the government led drive towards brief, CBT based interventions.