

## Liverpool John Moores University

Title: CONSCIOUSNESS AND TRANSPERSONAL PSYCHOLOGY  
Status: Definitive  
Code: **6010PSYSCI** (113685)  
Version Start Date: 01-08-2011

Owning School/Faculty: Natural Sciences & Psychology  
Teaching School/Faculty: Natural Sciences & Psychology

Team	Leader
Les Lancaster	Y
Peter Malinowski	

**Academic Level:** FHEQ6      **Credit Value:** 12.00      **Total Delivered Hours:** 24.00  
**Total Learning Hours:** 120      **Private Study:** 96

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	24.000

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	ESSAY	2000 word essay	100.0	

### Aims

1. To examine contemporary understanding of the nature of consciousness as revealed through neuroscientific, cognitive and other psychological modes of enquiry.

2. To explore the history, context and scope of transpersonal psychology, including a consideration of conceptual issues and the varieties of transpersonal experience.

### Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate an understanding of contemporary debates and issues surrounding the definition of consciousness, and its presumed relation to the natural world.
- 2 Critically evaluate the empirical research in cognitive neuroscience and other areas of psychology that have advanced our understanding of consciousness.
- 3 Demonstrate knowledge and comprehension of the history, context and scope of transpersonal psychology, including an understanding of conceptual issues and the relationship to other disciplines.
- 4 Demonstrate knowledge and critical comparison of the major varieties of transpersonal experience.

### Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

ESSAY                                    1    2    3    4

### Outline Syllabus

*Defining consciousness; differing dimensions of consciousness and the relation of consciousness to the natural world. Different states of consciousness. The input to consciousness studies from neuroscientific, cognitive and other psychological modes of enquiry. History, context and scope of transpersonal psychology. Conceptual and interdisciplinary issues in transpersonal psychology. Perspectives on the nature and varieties of transpersonal experience.*

### Learning Activities

Content is delivered through structured lectures, supported by key readings and other resources.

### References

<b>Course Material</b>	Book
<b>Author</b>	Daniels, M.
<b>Publishing Year</b>	2005
<b>Title</b>	Shadow, Self, Spirit
<b>Subtitle</b>	Essays in Transpersonal Psychology
<b>Edition</b>	
<b>Publisher</b>	Imprint Academic
<b>ISBN</b>	1845400224

<b>Course Material</b>	Book
<b>Author</b>	Lancaster, B.L.

<b>Publishing Year</b>	2004
<b>Title</b>	Approaches to Consciousness
<b>Subtitle</b>	The Marriage of Science and Mysticism
<b>Edition</b>	
<b>Publisher</b>	Palgrave Macmillan
<b>ISBN</b>	0333912764

<b>Course Material</b>	Book
<b>Author</b>	Rowan, J.
<b>Publishing Year</b>	2005
<b>Title</b>	The Transpersonal
<b>Subtitle</b>	
<b>Edition</b>	New Ed.
<b>Publisher</b>	Routledge
<b>ISBN</b>	1583919872

<b>Course Material</b>	Book
<b>Author</b>	Zelazo, P.D., Moscovitch, M., & Thompson, E. (Eds.)
<b>Publishing Year</b>	2008
<b>Title</b>	The Cambridge Handbook of Consciousness
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Cambridge University Press
<b>ISBN</b>	0521674123

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## Notes

This module examines differing aspects of consciousness, and how neuroscientific, cognitive and other psychological research approaches have brought greater understanding of what consciousness is and how it may relate to processes of the brain. The module also examines the history, context and scope of transpersonal psychology, including an exploration of scholarly perspectives on the main varieties of transpersonal experience. Assessment is by one 2000 word essay.