

## Liverpool John Moores University

Title: APPLIED SPORT AND EXERCISE SCIENCE  
Status: Definitive  
Code: **6014SPOSCI** (117541)  
Version Start Date: 01-08-2018

Owning School/Faculty: Sport and Exercise Sciences  
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Juliette Strauss	Y
Rebecca Murphy	
Neil Chester	
David Harriss	
Zoe Knowles	

**Academic Level:** FHEQ6      **Credit Value:** 24      **Total Delivered Hours:** 62  
**Total Learning Hours:** 240      **Private Study:** 178

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	6
Off Site	50
Tutorial	6

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	Product	Group Product	20	
Presentation	Pres	Individual presentation	80	

### Aims

*The module aims to provide students with the opportunity to develop and reflect upon their theoretical knowledge and applied practice skills by engaging in a work*

*related learning project.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critically evaluate the important skills, applied knowledge and evidence base required to work in applied Sport and Exercise Science.
- 2 Critically reflect on issues relating to professional practice.
- 3 Assimilate and present effective and relevant feedback and/or educational material

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Group Product	3	
Presentation	1	2

## **Outline Syllabus**

*The client support process*

*Craft skills and professional knowledge*

*Models of support work*

*Measurement issues in performance assessment*

*Feedback: Communicating with non-scientific Groups*

*Reflective Practice*

*Ethical issues in sport and exercise*

## **Learning Activities**

Students are expected to attend time-tabled lectures at the outset of the module. These will be delivered by staff with experience of working in applied sport science settings. These sessions will enable students to enhance their knowledge and understanding of key professional practice issues. Students should complete the required and recommended reading to widen their knowledge and understanding and their ability to apply material. Students will then engage in a group based work related learning project under the mentorship of an academic member of staff. Forty hours of student learning activity time has been allocated to represent the time spent on, for example, preparation, data collection / analysis, dissemination and feedback within the project. The time spent on each these activities will vary according to the specific requirements of the project. Group based work related tutorials will assist students in preparing for the project and subsequently support them through the experience. Students should maintain a reflective diary and a record of group and supervision meetings to support their personal development and inform the assessment tasks.

Students are expected to fulfil all of the requirements of the pre-placement

paperwork within the stated timescales, including attending all time-tabled lectures, completing all pre-placement requirements, undertaking a competency assessment, obtaining DBS clearance (if required) and demonstrating engagement in meetings with supervisors. It is important that all University directed administration procedures prior to placement authorisation are completed. Thus there is a requirement on this module for the pre-placement paperwork to be completed before placement can commence. Failure to satisfy this requirement means that no credit for the module can be released.

## **Notes**

This module is designed to provide students with the opportunity to develop their theoretical knowledge and applied practice skills by engagement in a work related learning project.