

## Liverpool John Moores University

Title: Engagement for Health  
Status: Definitive  
Code: **6022PCCOMM** (119688)  
Version Start Date: 01-08-2016

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Carmel Henshall	Y
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**Academic Level:** FHEQ6  
**Credit Value:** 15  
**Total Delivered Hours:** 30  
**Total Learning Hours:** 150  
**Private Study:** 120

### Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	18
Seminar	6
Workshop	6

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Analysis	Critical incident analysis	100	

### Aims

*To critically consider how behaviour change theory and skills based approaches enhance client engagement to improve outcomes.*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Explore the importance of engagement for health care practice
- 2 Critically evaluate theories of behaviour change for public health interventions
- 3 Demonstrate a critical understanding of the concepts that underpin strength based approaches to practice

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Critical incident analysis      1      2      3

### **Outline Syllabus**

*The concept of engagement to enhance practice*

*Concepts of behaviour change*

*Strengths based working and supporting theories; such as self-efficacy theory, self-determination theory.*

*The knowledge, skills and approach of Motivational Interviewing in practice.*

### **Learning Activities**

Research-informed lectures, seminars, blended learning through Blackboard, skills practice and role play, self-directed study including researching the evidence-base for practice.

### **Notes**

This module will provide a basis for exploring the underpinning theories of behaviour change and how practitioners can support this process. It will provide students with the opportunity to practice the skills needed to support behaviour change in order to enhance collaborative working with clients and maximise opportunities for positive behaviour change. This will include a comprehensive opportunity to explore Motivational Interviewing.

Students will be offered an opportunity to reflect as a group on the skills they used in the simulated skills practice and consider how they will further develop their competence in the use of Motivational Interviewing skills.