

Liverpool John Moores University

Title: Supporting the patient through cardiac rehab
Status: Definitive
Code: **6023CTPQHC** (118489)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Janet Drakeley	Y

Academic Level: FHEQ6
Credit Value: 5.00
Total Delivered Hours: 4.00
Total Learning Hours: 50
Private Study: 46

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	4.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1		100.0	

Aims

The Student will acquire the knowledge and skills to be able to successfully deliver best practice in cardiac rehabilitation.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically review the process of cardiac rehabilitation.

2 Appraise the various stages of cardiac rehabilitation.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

1,000 words 1 2

Outline Syllabus

A&P review and causative factors

Referral pathways through primary, secondary and tertiary care

Delivery of DOH targets

Rehabilitation for a patient with a diagnosis of CVD with specific emphasis on;

- *Lifestyle*
- *Risk factor management*
- *Cardio protective drug therapy and devices*
- *Psychosocial wellbeing*

Learning Activities

Lectures

Tutorials

Group work

Patient Stories

References

Course Material	Journal / Article
Author	R. S. Taylor, A. Brown, , S. Ebrahim et al
Publishing Year	2004
Title	Exercise-Based Rehabilitation for Patients with Coronary Heart Disease: systematic Review and Meta-analysis of Randomized Controlled Trials
Subtitle	
Edition	May 15th ,Volume 116 683
Publisher	The American Journal of Medicine
ISBN	

Course Material	Reports
Author	NICE
Publishing Year	2007
Title	MI : secondary prevention in Primary and secondary care for patients following an MI
Subtitle	
Edition	Guideline 48

Publisher	www.nice.org.uk
ISBN	

Course Material	Website
Author	
Publishing Year	
Title	http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/Browsable/DH_117500
Subtitle	
Edition	
Publisher	
ISBN	

Course Material	Website
Author	
Publishing Year	
Title	Nursing times .November 2007 www..nursingtimes.net/clinical-development-improving-provision-of-cardiac-rehabilitation-services/237916.article
Subtitle	
Edition	
Publisher	
ISBN	

Course Material	Website
Author	
Publishing Year	
Title	Scottish intercollegiate Guidelines Network (SIGN) 2002 57 ;2 WWW.SIGN.AC.UK
Subtitle	
Edition	
Publisher	
ISBN	

Course Material	Website
Author	
Publishing Year	
Title	www.bhf.org.uk
Subtitle	
Edition	
Publisher	
ISBN	

Notes

The candidate agrees to undertake the role of Key Trainer for their clinical setting

Candidates are advised to pre read the following documents;

British Association for Cardiac rehab, standards and core components for cardiac rehabilitation (2007) BACR

National Service Framework for CHD (2000)www.dh.gov.uk

NHS Improvement ; Cardiac Rehab – National Priority Projects (2009) and Transforming Cardiac Rehabilitation (2009)- www.improvement.nhs.uk/heart

NICE Guidelines(national institute for clinical excellence) www.nice.org.uk