

Liverpool John Moores University

Title: Current Issues in Sport and Nutrition
Status: Definitive
Code: **6031SPONUT** (120683)
Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ6 **Credit Value:** 24 **Total Delivered Hours:** 48
Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	3
Tutorial	45

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	Ass. 1	Initial progress report (1500 words)	20	
Portfolio	Ass. 3	Portfolio of completed work (3000 word equiv)	60	
Presentation	Ass. 2	Reflective presentation (10 minutes)	20	

Aims

The module aims to provide students with an opportunity to negotiate and deliver an individually designed project related to Sport and Nutrition for Health

Learning Outcomes

After completing the module the student should be able to:

- 1 Negotiate and undertake a practical/WRL project relevant to your programme of study and area of interest.
- 2 Reflect upon your practical/WRL project and personal development objectives through undertaking the project.
- 3 Critically analyse the undertaken and completed practical/WRL project.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

1,500 word report	1
3000 word (equiv) portfolio	3
10 minute presentation (indiv)	2

Outline Syllabus

Project identification

Writing SMART roject objectives

Reflecting analysis

Project management and delivery

Learning Activities

This is a self-negotiated, tutorial supported module. There are numerous approaches that can be chosen in completing this module, for example, an Action Research Project, a Practitioner-Based Project or a Personal Development Project.

This module requires the student to undertake a minimum of 160 hours on a self negotiated project. Depending on the selected approach, the 160 hours could be work-related, work-based or a self-focused project equivalent to 160 hours.

Development and progress of the project is supported and monitored through a Personal Learning Group (PLG) that meets regularly with a tutor for group and individual tutorials.

Notes

This module provides an opportunity for students to take control of an aspect of their learning programme and, with appropriate support, devise a self directed learning experience within an area of personal and professional interest in a relevant environment. Students will not be able to commence their project/placement until successful completion of the paperwork which is required under LJMU's 'Safety Code of Practice SCP23.'

