

Module Information

2022.01, Approved

Summary Information

Module Code	6053SPS
Formal Module Title	Current Issues in Sport and Exercise Psychology
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	22
Practical	22

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	12 Weeks

Aims and Outcomes

Aims	The module aims to develop student's ability to critically evaluate contemporary issues in sport and exercise psychology that influence participants' performance, physical activity, wellbeing, health, and development.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Critically evaluate the research, perspectives, and models underpinning current issues in sport and exercise psychology.
MLO2	2	Critically examine the psychosocial, cultural, and environmental considerations underpinning current issues in sport and exercise psychology.

Module Content

Outline Syllabus	Current issues in sport: The content will reflect current issues underpinned by relevant research. Indicative content might include anxiety, mental health in sport, talent identification and development, and transition in sport. Current issues in physical activity: The content will reflect current issues underpinned by relevant research. Indicative content might include exercise and mental health, wellbeing, and behaviour change.
Module Overview	
Additional Information	BPS mapped.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Case report	50	0	MLO1
Centralised Exam	Essay question exam	50	2	MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
David Tod	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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