

Liverpool John Moores University

Title: Physical Literacy for Life
Status: Definitive
Code: **6064PHYSED** (120697)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ6 **Credit Value:** 24 **Total Delivered Hours:** 48
Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	12
Practical	24
Seminar	12

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Essay (3000 words)	50	
Presentation	AS2	Synoptic Presentation (3000 word equivalent)	50	

Aims

This module will help individuals to develop skills essential for effective learning to degree level, introduce and develop the concepts of graduate skills and develop ideas regarding self-development and personal development planning. It will allow individuals to critically analyse and reflect on the holistic nature of physical literacy

and how it can be developed throughout the life course. This module will also allow students to reflect on how their own physical literacy has developed.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically analyse how physical literacy can be developed throughout life.
- 2 Reflect and critically analyse their own physical literacy journey.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Essay	1
Synoptic Presentation	2

Outline Syllabus

Philosophical underpinning.

International Physical Literacy.

Pre-school, primary school, secondary school, further and higher education, community and lifelong learning.

Pathways and support for the development of physical literacy for life.

Influences and issues in the development of physical literacy.

Involvement of alternative agencies in developing physical literacy throughout life.

Charting progress in physical literacy

Learning Activities

Study skills techniques including note taking, active reading, planning for an assignment and information searches.

Planning and using group discussions as an aid to learning.

Presenting information in a variety of ways.

Practical activities.

Notes

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