

## Liverpool John Moores University

Title: Psychological needs assessment and intervention for people with learning disabilities  
Status: Definitive  
Code: **6083PCCOMM** (119856)  
Version Start Date: 01-08-2014  
Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Karen Rea	Y

**Academic Level:** FHEQ6      **Credit Value:** 30.00      **Total Delivered Hours:** 60.00  
**Total Learning Hours:** 300      **Private Study:** 240

### Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	30.000
Practical	30.000

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Case study		100.0	

### Aims

*To enable the student to develop skills and knowledge to engage a client in order to undertake a client-centred interview to identify common mental health issues and provide low intensity therapeutic psychological intervention to people with learning disabilities*

### Learning Outcomes

After completing the module the student should be able to:

- LO 1 Critically analyse common mental health, behavioural and psychological problems and evidence-based intervention choices for people with learning disabilities
- LO 2 Apply knowledge and demonstrate competence in client engagement to build and maintain therapeutic alliances
- LO 3 Apply knowledge and demonstrate competence in client-centred information gathering relating to mental health, behavioural and psychological problems
- LO 4 Demonstrate competence in the assessment of a client and the application of an appropriate psychological intervention

### Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Reflective Case study	LO	LO	LO	LO
	1	2	3	4

### Outline Syllabus

*Concepts of mental health and mental illness, common mental health problems, evidenced-based approaches. Engaging and developing therapeutic alliances with people with learning disabilities, and their carers, Client-centred information gathering, collaborative definitions of client or situational problems, assessment of risk and risk management for people with LD, symptom and problem assessment tools, Shared decision making. Documentation: recording and questionnaires. Solution focused therapies. CBT based approaches, counselling, CAT, systemic therapy. Partnership of care. Psycho-education for clients and carers, Confidentiality, Consent, Multi-elemental approaches to challenging behaviour, well being recovery actions plans, Recovery and recovery star*

### Learning Activities

Lectures, tutorials, group tutorials, seminars, blackboard, email, Role play. Learning in practice

### References

<b>Course Material</b>	Book
<b>Author</b>	Myles, P. and Rushforth, D
<b>Publishing Year</b>	2007
<b>Title</b>	The Complete Guide to Primary Care Mental Health
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Robinson Publishing
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Taylor J., Lyndsey W., Hatton C
<b>Publishing Year</b>	2013
<b>Title</b>	Psychological Therapies for Adults with Intellectual Disabilities
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Wiley-Blackwell
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Stenfert Kroese, B.
<b>Publishing Year</b>	1997
<b>Title</b>	Cognitive-Behaviour Therapy for People with Learning Disabilities
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Routledge
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Hodges, S.
<b>Publishing Year</b>	2002
<b>Title</b>	Counselling Adults with Learning Disabilities
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Palgrave Macmillan
<b>ISBN</b>	

---

## Notes

The coursework should be supported with a recording of the assessment and intervention session with the client.