

Liverpool John Moores University

Title: APPLIED SPORT PSYCHOLOGY PLACEMENT FOUNDATIONS
Status: Definitive
Code: **6101SPOPSY** (123287)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Zoe Knowles	Y

Academic Level: FHEQ6 **Credit Value:** 20 **Total Delivered Hours:** 72

Total Learning Hours: 200 **Private Study:** 128

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	14
Off Site	24
Tutorial	14
Workshop	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	Viva	A10 minute individual viva	60	
Presentation	Pres	A group presentation in your allocated placement groups	40	

Aims

The module aims to develop student's ability to plan, prepare, initiate and reflect upon effective applied sport psychology practice with a client. The module will address topics such as legal requirements, health and safety, reflective practice, safeguarding, working in effective teams and requisite skills for applied sport

psychology practice. The module will also contain a field trip through which students can observe and assist with applied practice under supervision.

Learning Outcomes

After completing the module the student should be able to:

- 1 Reflect upon the relevant ethical, professional and risk assessment requirements for undertaking applied practice with a client group
- 2 Discuss the knowledge and skills appropriate for the applied sport psychologist

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Individual viva	1
Group presentation	2

Outline Syllabus

Placement requirement including legalities, health and safety, insurance and reporting requirements; effective group working; reflective practice, guest lecture on early career applied experiences, field trip, applied skills workshops, pre placement viva session, university placement tutor meetings

Learning Activities

Students are expected to attend time-tabled lectures, workshops and seminars and are encouraged to utilise the available directed learning / private study time to get advice from module staff University Placement Tutor (UPT) and/or conduct essential reading. The UPT is a student's placement supervisor and will help them understand the requirements of the placement, and the development of the learning agreement. Some of the teaching sessions will contain activities where students will be required to use their analytical and problem-solving skills to enhance their own learning. Students should complete the required and recommended reading to widen their knowledge and understanding and justify their approaches/ techniques appropriate to applied practice. Students will be required to evidence this in the production of a group and individual assessments

Notes

This module is designed to provide students with the opportunity to develop their theoretical knowledge and applied practice skills required to act professionally, competently and ethically when working as an applied practitioner with client groups. The field-trip component will be funded by the programme (minus personal expenses) for a number of days at an elite sport setting. The module will be

evaluated by completion of the relevant assessment tasks. This module contributes towards the development of graduate teamwork/interpersonal skills.