# **Liverpool** John Moores University

Title: ADVANCED SKILLS IN PHYSICAL EDUCATION

Status: Definitive

Code: **6110EDSTUD** (117350)

Version Start Date: 01-08-2016

Owning School/Faculty: Education Teaching School/Faculty: Education

Team	Leader
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Academic Credit Total

Level: FHEQ6 Value: 24 Delivered 48

**Hours:** 

Total Private

Learning 240 Study: 192

**Hours:** 

**Delivery Options** 

Course typically offered: Standard Year Long

Component	Contact Hours	
Lecture	10	
Practical	38	

**Grading Basis:** 40 %

#### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1		50	
Presentation	AS2		50	

### Aims

To gain enhanced critical understanding of the development of personal qualitites and physical literacy through a range of physical education activities and strategies.

#### **Learning Outcomes**

After completing the module the student should be able to:

- 1 Reflect on and critically analyse how the theoretical principles associated to personal development and physical literacy can be applied through physical education activity.
- Develop and critically analyse more advanced physical activity skills in a variety of physical education activities.
- 3 Use ICT to critically analyse more advanced skills, tactics or concepts in physical education activities.

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Assignment 1 3

Assignment 2 1 2

# **Outline Syllabus**

Advancement and critical analysis of personal qualities and physical literacy through a range of practical activities, using varied pedagogies (Optional activities - Games, Gym/Trampolining, Athletics, Swimming, Outdoor and Adventurous Activities and Dance)

Critical analysis using ICT in relation to skill/tactical/concept analysis Personal development and physical literacy analysis and reflection.

## **Learning Activities**

Development of ICT skills for critical analysis Development of practical and personal skills through a range of activities Development of critical analysis skills

#### **Notes**

The students will use varied strategies, including ICT to develop their critical analysis skills in relation to personal qualities and physical literacy through a range of practical and theoretical activities. They will be allowed to specialise in activities e.g. optional activities - Games, Gym/Trampolining, Athletics, Swimming, Outdoor and Adventurous Activities and Dance. Critical analysis using ICT will involve using digital technology and motion analysis software to analyse skill/tactics/concepts in their chosen activities. Students will also continue to develop their skills, knowledge and understanding within their chosen activities.