

Psychology of Football

Module Information

2022.01, Approved

Summary Information

Module Code	6112SPFOOT
Formal Module Title	Psychology of Football
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	20
Off Site	8
Practical	8
Seminar	12

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	The module aims to develop the students' conceptual and applied knowledge and understanding of psychology in football, with particular reference to the development and support of elite level players. It will encourage students to apply theoretical and applied processes relevant to the development and support of players in professional football.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Explain, evaluate, and critically analyse a range of psychological concepts in the context of player development in football
MLO2	2	Explain, evaluate, and critically analyse the use of a perceptual cognitive expertise framework to support the development of talent in football

Module Content

Outline Syllabus	Philosophy of sport psychology supportMental skills training in football Counselling psychology Identity and personal development Career transitions Perceptual cognitive expertise
Module Overview	This module aims to develop your conceptual and applied knowledge and understanding of psychology in football, with particular reference to the development and support of elite level players. It will encourage you to apply theoretical and applied processes relevant to the development and support of players in professional football.
Additional Information	This module is designed to develop students' understanding and ability to critically analyse conceptual and applied concepts in psychology in football. Students will be given an understanding of different philosophical approaches utilised to support the development of football players in an elite level football context. A range of applied assessment techniques will also be examined and utilised to collect a range of baseline data when working with players. The data will described and evaluated during lectures, seminars and field-based practicals. The module will combine a balance of conceptual and theoretical assessment measures that help identify the vocationally relevant process skills of an applied sports psychologist and wider transferable skills. There will be formative and summative opportunities to communicate and receive feedback on theoretical and applied process knowledge in psychology.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Presentation	30	0	MLO1, MLO2
Report	Report	70	0	MLO1, MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Martin Littlewood	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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