

Summary Information

Module Code	6114SSLN
Formal Module Title	Advanced Topics in Sport, Food and Nutrition for Health
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Sally-Ann Starkey	Yes	N/A

Module Team Member

Contact Name	Applies to all offerings	Offerings
Wendy Johnston	Yes	N/A
Elizabeth Mahon	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Workshop	40

Module Offering(s)

Offering Code	Location	Start Month	Duration
JAN-CTY	CTY	January	12 Weeks

Aims and Outcomes

Aims	To develop a high level understanding of problems, solutions in sport, physical activity, food and nutrition in relation to health outcomes.
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Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Explore and evaluate solutions to potential problems considered within the sport, physical activity and nutrition landscape
MLO2	Critically examine the effectiveness of current strategy, policy and health messages for physical activity, food and nutrition
MLO3	Critically devise and communicate appropriate health messages to individuals, client groups and/or populations

Module Content

Outline Syllabus
Critically evaluating sport, physical activity and nutrition problems. Critically investigating problems. Creating evaluative, innovative reports.

Module Overview
Within this module you will develop a high level understanding of problems, solutions in sport, physical activity, food and nutrition in relation to health outcomes.

Additional Information

The module is intended to develop an understanding of the fundamental and practical problems faced in the field of sport, physical activity and nutrition for health outcomes. By selecting specific problems, students will critically investigate issues further and present appropriate solutions.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Portfolio	Portfolio	100	0	MLO3, MLO2, MLO1