

Contemporary Practice in Nutrition

Module Information

2022.01, Approved

Summary Information

Module Code	6118SSLN
Formal Module Title	Contemporary Practice in Nutrition
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	20
Workshop	20

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	To develop a high level understanding of contemporary topics in nutrition.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Critically evaluate recent advances in nutrition
MLO2	2	Critically examine the evidence that links nutrition to health, well being and disease
MLO3	3	Critically discuss the complexities involved in a multidisciplinary subject area

Module Content

Outline Syllabus	The students will build on level 4 and 5 materials and relate this to contemporary and current advances in the field of nutrition. They will gain an appreciation of the multidisciplinary nature of nutrition and how it interacts in aspects of health, wellbeing and disease. Students will further develop the ability to find and critically evaluate good quality information and formulate informed opinions.
Module Overview	This module will allow you to develop a high level understanding of contemporary topics in nutrition.
Additional Information	This module builds on the content of level 5 modules particularly Nutrition in the Lifecycle and Nutrition and Exercise Biochemistry.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Review Article	100	0	MLO1, MLO2, MLO3

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Abdulmannan Fadel	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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