

Liverpool John Moores University

Title: OUTDOOR PURSUITS LEADERSHIP 2
Status: Definitive
Code: **6207OUTDOR** (104246)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

| Team | Leader |
|---------------|--------|
| Duncan Martin | Y |

Academic Level: FHEQ6
Credit Value: 12
Total Delivered Hours: 47
Total Learning Hours: 120
Private Study: 73

Delivery Options

Course typically offered: Semester 2

| Component | Contact Hours |
|-----------|---------------|
| Lecture | 6 |
| Practical | 35 |
| Workshop | 5 |

Grading Basis: 40 %

Assessment Details

| Category | Short Description | Description | Weighting (%) | Exam Duration |
|-----------|-------------------|--|---------------|---------------|
| Exam | AS1 | Examination | 30 | 1 |
| Portfolio | AS2 | Research Paper (600w) | 20 | |
| Portfolio | AS3 | Practical Assessment in Mountain Leadership | 30 | |
| Portfolio | AS4 | Practical Assessment in Rock Climbing/Canoeing | 20 | |

Aims

This module sets out to extend students' experience in leading parties in a variety of outdoor environments. It will equip and qualify them to contribute to programmes of outdoor pursuits based on the material introduced and practiced in modules

ECLOE1001 Outdoor Pursuits Leadership: Psychology and Practice and ECLOE2101 Advanced Outdoor Pursuits 1. The module will further develop students' knowledge and ability in understanding the principles and practice of planning activities and journeys in adventurous outdoor settings. The module is designed to be comparable to the standards set for relevant Governing Body Awards. Assessments for awards may be available to suitably qualified and experienced candidates.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate with the ease of long practice a high standard of navigation and security on steep terrain in mountains in the UK
- 2 Demonstrate an understanding of the principles to be applied in planning of mountain journeys within the UK
- 3 Demonstrate an ability to take part in and lead mountain journeys in the UK
- 4 Explain and critically evaluate issues relevant to the planning of mountain journeys in the UK
- 5 demonstrate competence to a standard comparable to relevant aspects of the Single Pitch Award of Mountain Leader Training England / British Canoe Union Coach Level 1 or Coach Level 2.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

| | | | | |
|----------------|---|---|---|---|
| EXAM | 2 | 4 | | |
| Research Paper | 2 | 4 | | |
| Practical | 1 | 2 | 3 | 4 |
| Practical | 5 | | | |

Outline Syllabus

UNIT 1: Assessment of macro and micro navigation in complex mountain terrain. Carrying out simple emergency and rescue procedures. Leading parties on steep terrain using appropriate safety procedures and safeguarding them against a variety of environmental hazards. Principles and practice of mountain journeys.

UNIT 2: Coaching and instructing of a selected outdoor pursuit. Preparation for national awards in canoeing / rock climbing.

Learning Activities

Lectures on fundamental principles, combined with prescribed reading.
Directed practical coaching activities.

Individual goal setting linked to monitored independent practice and skill development and agreement on appropriate and relevant goals.
Planning and execution of journeys into wild areas, plus setting of tasks and problems requiring students to lead others and solve practical problems, combining practical skills with underpinning knowledge and principles.
The module activities are designed to make significant contributions to the LJMU Plus initiative, providing many opportunities for students to develop and refine a range of Graduate Skills.

Notes

Unit 1 uses a problem solving approach to help students develop the leadership strategies, technical skills and understanding required in mountain leadership situations. The students' responses in these situations, together with a record of their prior experience and with written examination and research papers, will be used to develop a mountain leadership profile which will be the basis for assessment within this part of the module.

Unit 2 involves development in an area of each student's choice, whereby students are encouraged to either advance or broaden their expertise in rock climbing or canoeing.