

Approved, 2022.02

# **Summary Information**

Module Code	6213EDSTUD
Formal Module Title	Mental Health and Wellbeing
Owning School	Education
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

# **Module Contacts**

### Module Leader

Contact Name	Applies to all offerings	Offerings
Kalum Bodfield	Yes	N/A

#### Module Team Member

Contact Name	Applies to all offerings	Offerings
Diahann Gallard	Yes	N/A

#### **Partner Module Team**

Contact Name	Applies to all offerings	Offerings
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# **Teaching Responsibility**

LJMU Schools involved in Delivery	
Education	

# Learning Methods

Learning Method Type	Hours
Lecture	10
Workshop	30

### Module Offering(s)

Offering Code	Location	Start Month	Duration
JAN-MTP	MTP	January	12 Weeks

### Aims and Outcomes

Aims	This module aims to develop students' understanding of the issues and factors that impact upon the
	mental health and well-being of individuals.

### Learning Outcomes

#### After completing the module the student should be able to:

Code	Description
MLO1	Critically reflect on factors that impact upon emotional wellbeing
MLO2	Critically discuss issues surrounding the health and social care provision for children and adolescents in relation to mental health
MLO3	Critically reflect on the input of interventions aimed at improving mental health and well being

## **Module Content**

#### **Outline Syllabus**

Historical perspectives of mental health and well-beingDefining mental health and well-beingRisk and resilienceSupport from professionalsSafeguarding Exploring specific disorders and conditions such as: Obsessive Compulsive Disorder, Bipolar, Schizophrenia, Attachment disorderHealth and wellbeing in the workplace

#### Module Overview

This module aims to develop your understanding of the issues and factors that impact upon the mental health and well-being of individuals.

### Additional Information

This module aims to develop students' understanding of the issues and factors that impact upon the mental health and well-being of individuals.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Portfolio	Portfolio	100	0	MLO1, MLO2, MLO3