

Liverpool John Moores University

Title: Mental Health and Wellbeing
Status: Definitive
Code: **6213EDSTUD** (122955)
Version Start Date: 01-08-2021

Owning School/Faculty: Education
Teaching School/Faculty: Education

Team	Leader
Lorna Brookes	Y
Diahann Gallard	

Academic Level: FHEQ6 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	10
Workshop	30

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio (4500 words)	100	

Aims

This module aims to develop students' understanding of the issues and factors that impact upon the mental health and well-being of individuals.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically reflect on factors that impact upon emotional wellbeing
- 2 Critically discuss issues surrounding the health and social care provision for children and adolescents in relation to mental health
- 3 Critically reflect on the input of interventions aimed at improving mental health and well being

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
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Outline Syllabus

Historical perspectives of mental health and well-being

Defining mental health and well-being

Risk and resilience

Support from professionals

Safeguarding

Exploring specific disorders and conditions such as: Obsessive Compulsive

Disorder, Bipolar, Schizophrenia, Attachment disorder

Health and wellbeing in the workplace

Learning Activities

Lectures, workshops, seminars, blackboard, student directed activity

Notes

This module aims to develop students' understanding of the issues and factors that impact upon the mental health and well-being of individuals.